April marks the final countdown to the biggest horse racing event of the year, the Kentucky Derby. For those of us who are racing fans, these final weeks are one of the same year per year that we come to find out which horse will break the sirens’ song. It is a time to pace up and down the track, cheering on our favorite horse. It is also a time to get ready to enjoy a Derby party!

Kentucky Derby Party Must-Have:

A big TV with the Derby on it. This is a must, because even if you don’t go, you can still be part of the excitement. Maybe you should call your friends and set up a viewing party.

The Oh-My-Gosh-That-Would-Be-Cool-But-Not-This-Year Must-Have:

dollars funded in it before raceday. That way you can wager at the live odds shown at the track and learn what it is to truly win at the track. It’s the run for the roses, after all! If you must decorate with a non-horse theme, then use the flower of the moment. Red is the basics are fresh mint leaves, Simple Syrup and of course, Kentucky Bourbon. Side Note: Did you know that Bourbon was named for Bourbon, Kentucky? And yes, it just has one “L”! This is THE cocktail of the Kentucky Derby. I am not sure exactly why, but it happens to be one of the most exciting events in sports. There is nothing quite like the pageantry, beauty, and excitement of Kentucky Derby Day to get even the most jaded sports fan at least a little excited.

The Nice-To-Have:

Race Programs. This doesn’t mean you have to go download the whole racing program that you get at the track (though you can, just go to www.equibase.com starting the Wednesday before the race). But at least take a moment to print the list of horses for your guests. The point is to pick a favorite to root for, even if your entire handicapping analysis is “like the number 3”.

The Best-Of-All:

Mint Juleps. And yes, this is just one “L”. This is THE cocktail of the Kentucky Derby. I am not sure exactly why, but it happens to be one of those things that even “lay” people (those non-racing fans) happen to associate with the big event. Recipes abound, but the basics are fresh mint leaves, Simple Syrup and of course, Kentucky Bourbon. Side Note: Did you know that Bourbon County in Kentucky is in the heart of the Lexington area horse country? RKYE.

It’s the run for the roses, after all. If you must decorate with a non-horse theme, then use the flower of the moment. Red is the color on the winner’s garland, but use what you can to find to stay true to the day.

A way to wager:

If you and your friends are truly a sporting group, consider opening an internet wagering account and have at least a few dollars funded in it before raceday. That way you can wager at the live odds shown at the track and learn what it is to truly win at the track. It’s the run for the roses, after all! If you must decorate with a non-horse theme, then use the flower of the moment. Red is the color on the winner’s garland, but use what you can to find to stay true to the day.

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Pg.18  Classified Ads Upcoming Events

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The Need for Consistency

When training a horse, you need to be in harmony with your horse. The horse needs to understand your cues and be consistent. Consistency is the key to success in any relationship, whether with a horse or with a human. If the horse doesn’t understand your cues, it will be difficult to train. If the horse is not consistent, it will be difficult to achieve the desired results.

Consistency means that your horse will do the same thing every time, for the same reason. It is important to understand that your horse is not a human being, but a living being with its own unique characteristics. Your horse will respond differently to different individuals and situations. It is important to be consistent in your training, as your horse will learn to expect a certain level of consistency.

The quality of your training is important, and your horse will respond to your cues. It is important to stay consistent in your training, as your horse will learn to expect a certain level of consistency.

Another thing to consider is that horses have their own way of thinking. They are not like we are, and they do not think in the same way. Horses have their own way of thinking, and they do not think in the same way. They are not like we are, and they do not think in the same way. They are not like we are, and they do not think in the same way.

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One thing I see is that when some riders are feeling tired, stressed or just not enthusiastic about riding that day, they are more likely to be inconsistent. This is where regular training becomes important, as it is the only way to ensure consistency.

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How Much Will You Use Your Trailer?

It seems simple enough, but many people end up with a trailer more than they need by not starting with this question first. Be realistic about the type of trailer you need by not starting with this question first. Be realistic about the type of trailer you need: Are you going to haul a few times per year to riding events, make sure you have enough saddle racks, tail hooks, etc. to meet your needs.

Types of Horses Are They Hauling?

By Heather Benson

The number question is an obvious one—what horses do you haul? Consider this when you are looking at a new trailer, make sure your tow vehicle has the specifications to haul it. Besides the obvious of what type of hitch-bumper pull or gooseneck, you need to consider how much towing capacity your vehicle has available. Towing capacity can be found in your owner’s manual or displayed at your local dealership. In addition to the size of the towing vehicle, you may also need to consider your trailer is made for a single or dual axle. Today’s trailers are offered in a variety of lengths and sizes, from small. A slant-load, makes it easier to get several

What Makes Today’s Trailer Great

By Heather Benson

A

lone time, horses transported to events via a bumper pull trailer, so horses are now designed to keep your horses comfortable and safe. Features such as the SafeBump Roof System found in Double D Trailers can make all the difference between major injury and minor head injuries. Butterfly has re-designed feed doors and the rings on their 2013 trailers specifically to prevent loud surprises for your horse while on the road. The new doors lock more securely and the tie rings are coated with rubber to keep the inmates noise level down while traveling.

Equirene Comfort Comes First

Equirene while traveling is a first concern for both the serious competitor and every owner. It is not enough to have a comfortable ride for horses, it is also important to the casual rider who doesn’t wish to see their expensive friends come to pasture and legs and nerves.

One feature that has quickly become standard for many homes is an air ride suspension system. This feature allows for a smoother ride, which is important when transporting horses over long distances. In the world of equestrian sports, this feature has become a necessity, especially for horses that are transported regularly. Stables with an air ride suspension system ensure that horses are treated with care and respect during the trip! Today’s trailers feature a dizzying variety of storage solutions, from rear-facing drop-down feed doors to large “tack rooms” nearly the size of living quarters mounted in the back. Professional trailer manufacturers offer the opportunity to customize trailers for every need, including adding a smoke on your favorite recliner to swing-out escape doors to make entry and exit easier for human handlers.

Last but not least, there are the amenities designed specifically for the ones who paid for the trailer—YOU! The trailer of your dreams is one that allows you to choose what matters most, where you want it. In addition, sex- and comfort-sensitive design options make it possible to customize your trailer with a variety of optional features. Finishing options such as wraparound LED lighting for greater visibility, rubber wall liners that protect riding surfaces, and a variety of storage solutions, from rear-facing drop-down feed doors to large “tack rooms” nearly the size of living quarters mounted in the back. Equirene offers the opportunity to customize your trailer for every need, including adding a smoke on your favorite recliner to swing-out escape doors to make entry and exit easier for human handlers.

When working with horses that have not been handled much, including moving, horses need to feel safe when in the trailer. To ensure this, a slant-load, makes it easier to get several
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- June 29 Grand Forks, ND
- July 13 & 14 Bemidji, MN
- July 27 & 28 Warren, MN
- August 24 & 25 Twin Valley, MN

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EARLY AMERICAN RACING AND BLACK JOCKEYS

By Janice M. Ladendorf

In early America, distance races were run in public parks, not on tracks, as noted earlier. Horse racing was often used to raise money for religious and charitable organizations. Unlike quarter races, distance races were longer, and horses were not accustomed to long distances. Race courses were often unsanitary, and horses had to carry 160 pounds. Due to the cleverness of trainers, horses often won races.

In the quarter mile race, both horses and jockeys competed for glory. During them, cheering from lords and ladies excited the jockeys. Gentlemen soon began breeding sprinters for these races. During them, cheering from lords and ladies excited the jockeys. Gentlemen soon began breeding sprinters for these races.

The American Revolution was a period of revolution and change for both men and women. During the war, the need for horses increased. Many horses were sold to fund the war, and the war effort. After the war, many horses returned to their owners, but some were left behind.

The war had a significant impact on the lives of African Americans. During the war, African Americans faced racial discrimination. In 1901, an African American jockey, Willie Jones, died in a cholera epidemic.

Witt’s mare and Western Light, again faced racial discrimination. In 1901, an African American jockey, Willie Jones, died in a cholera epidemic.

Witt’s mare and Western Light, again faced. Willie Jones had a successful career as a jockey. After winning his first race, he became a highly respected jockey. He soon began winning races for some of the wealthiest and most prominent men in that area. He owned his own horse, and he trained it himself. In 1884, he led the racing colony of Kentucky. He migrated to Europe in 1903, and he continued to race horses.

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Consider Curcumin for Joint Inflammation

by Juliet M. Getty, Ph.D.

E ver hear of curcumin? It’s the active ingredient in Indian curry, which has been used for centuries in Indian cooking, as well as in Ayurvedic medicine. It exhibits anti-inflammatory properties and has been used to treat a long list of conditions, including inflammatory bowel disease, arthritis, asthma, cancer, diabetes, dermatitis, and even cancerous tumors.

Although naturally occurring in many plants, turmeric (Curcuma longa) is the source of curcumin, the active ingredient in Indian curry. It has become popular as a dietary supplement, and a natural alternative to anti-inflammatory medication, for those who wish to avoid pharmaceuticals.

In a laboratory study using the collagen-induced arthritis (CIA) model, turmeric showed anti-inflammatory activity. Compared with placebo, a low dose of turmeric was shown to decrease levels of pro-inflammatory (NF-κB) cytokines, decrease TNFα production and, in the case of PER812, increase COX-1 enzymatic function.

Curcumin, a derivative of turmeric, is commonly used as a natural alternative to pharmaceutical drugs (NSAIDs) such as ibuprofen and naproxen, as well as other anti-inflammatory medications. There is much research supporting its benefits, but more research is needed to establish the optimal dose.

Curcumin is a common source of pain in horses. This disease is characterized by a degeneration of joint cartilage, making it less able to protect the joint against friction. The underlying cause of pain is due to a release of cytokines and immune system damage. The result is a breakdown of joint tissues, which, in turn, leads to further degeneration of joint tissue.

One of the benefits of curcumin is its anti-inflammatory and pain-killing properties. It helps to reduce joint swelling and inflammation, as well as the production of histamine. It also reduces the production of prostaglandins (pro-inflammatory substances), which can cause pain.

A recent study found that curcumin reduced the levels of prostaglandin E2 (PGE2), a known inflammatory mediator. In addition, it reduced the levels of interleukin-1β (IL-1β), which is a pro-inflammatory cytokine.

Curcumin is often used as a supplement to other anti-inflammatory medications, such as glucosamine and chondroitin. It is commonly used as an alternative to anti-inflammatory medication, for those who wish to avoid pharmaceuticals.

Research involving curcumin has been done with humans. However, researchers from the United Kingdom and Germany recently revealed that curcumin significantly reduced the inflammatory pathways found in horses suffering from osteoarthritis. Thomas Schell, DVM (developer of Cur-Ost), has also done extensive research on the usage of curcumin in horses suffering from osteoarthritis. Using Quarter Horses, Morgan, Thoroughbreds, Arabians, and Fine Fins, all with varying degrees of lameness from degenerative arthritis, he found improvement when comparing lameness scores before and after administration of a nutritional formula containing curcumin, as well as eugenol.

Safety and Dosage

Curcumin is generally safe, dosages as high as 12 grams per day for a three month period have been shown to be safe. The larger long-term supplementation, 500 mg per day is more readily accepted. This amount is to 5 teaspoon of turmeric.

An appropriate dosage for horses has not been established, though one teaspoon per day works well as a general rule. It can be added to the grain or in the water. It is important to keep in mind that turmeric slows blood clotting and therefore should be discontinued when planning any surgical procedures.

Personal experience

My 20-year-old Thoroughbred suffers from osteochondral fragments (bone chips in the joint) from a previous accident. He was treated with glucosamine and chondroitin and started to take bute, along with doses of two teaspoons per day. I kept feeding him bute, while I was doing just as well with bute, and his lameness has not returned. It’s a lack of the activity. I required on more than one day, and will soon reduce it further, returning on more as needed. I have found it to be palatable and easy to mix with feeds.
EQUINE HERPES VIRUS TYPE 1 (EHV-1) INFORMATION UPDATE

E EHV-1 is a contagious respiratory disease that is typically characterized by fever, coughing, inappetence, and in severe cases, meningitis, encephalitis, myocarditis, pancreatitis, and enterocolitis. The virus is present worldwide and affects horses of all ages. Horses can become infected through direct contact or by contact with infected respiratory secretions. Some horses may become carriers of the virus, shedding the virus without showing clinical signs.

As an additional preventive measure, we encourage horse owners and veterinarians to follow the recommendations of the American Veterinary Medical Association and the Equine Well-Being Coalition to reduce the risk of EHV-1 transmission and to protect their horses from the disease.

Reminder: Protective Headgear Rule Change for Dressage to Go into Effect April 1, 2013

Equestrian Tax Parity Act

On March 5, 2012, Congresswoman Mary Lou McConkie (R-WY), would make the Equestrian Tax Parity Act (HR. 998), which would make the Equestrian Tax Parity Act (HR. 998), which would correct for the taxation of horses by mimicking the capital gains tax rate under the new federal traceability rule. Their mission is to protect American agriculture by helping ensure the health of animals and that the new rule is to improve the traceability of animals. The new federal traceability rule requires the State Veterinary Office to...
**Horse Riding Rules, Etiquette and Safety Tips**

**For an Enjoyable Trip**

- Domestic pets (dogs) must be leashed.
- Use of the trails will keep it available for equestrians and other users alike.
- Good conduct of our fellow riders and guard against more important as we watch out for the increasing competitive demand for use of the trails.

**Horse Tie Rules**

- Domestic pets (dogs) must be leashed.
- If your horse kicks, tie a red ribbon in its tail to warn other riders.
- If you put up a portable electric corral, do not use live electric lines.
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**For Safety**

- Be careful with campfires. Clear an area of grass, wood, and manure.
- When meeting hikers or bicyclists, you should always yield to them on the trail.
- Clean up your camp area before leaving.
- Do not cut living trees or chew on the trees; If it is necessary to take short cuts, saddle or harness animals away from personal property.
- Always stay on marked horse trails.
- Natural Resources and Your Trails:
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