

May 2014



The

Valley Equestrian Newspaper

Think Spring!



- ◆ *14 Neglected Horses Rescued*
- ◆ *"The Black Maestro": A Great Black Jockey*
 - ◆ *A Triple Crown Primer*
 - ◆ *EHV-1 Update*

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14 Neglected Horses Rescued Near Verndale, Minn.

By Kari Hagstrom

The Animal Humane Society (AHS) contacted the Todd County, Minn. sheriff regarding a report of animal neglect (horses) near Eagle Bend. On March 20th, Sheriff Don Asmus and AHS Senior Humane Agent Keith Streff visited the property to check the condition of the horses. Fourteen horses were found in poor body condition with inadequate and improper facilities (food, water, shelter). A man and a woman were renting the property. It was determined that the man owned most of the live horses. He was served with correction orders to rehabilitate the horses, but apparently was uncooperative and unwilling to do so. Subsequent to the investigation/inspection, the owner of the property evicted the couple, who moved to a vacant farm in the vicinity (near Verndale) with the horses—basically squatting on the property which is in foreclosure, with no electricity or running water. The well was being operated by a gas generator.

In early April, while on a routine patrol, a Todd County deputy observed what appeared to be the same herd of horses located on a farm near Verndale. The Todd Co. Sheriff's Department contacted AHS-Golden Valley regarding this new information. Based on this new information, a decision was made to conduct a more thorough investigation into this matter. The Todd Co. Sheriff's Department agreed to apply for a search and seizure warrant. AHS agreed to make the neces-

sary arrangements for removal and placement of any horses that were seized. On April 9th, the search warrant was executed on the farm near Verndale. At the Verndale property, the 14 live horses were found to be in the acute range of body condition, with a number of them at critically low body scores, ranging from 1 to 3.5. The couple admitted to knowing about 11 dead horses.

The bodies of at least ten more dead horses were later discovered on the Eagle Bend property where the couple had lived previously. There are reports of possibly more dead horses. At least one horse was found dead "still anchored to the tree it was tied to," said Streff, and died of "gross emaciation as a result of starvation." It is suspected that more of the as yet undiscovered dead horses may have been buried, hidden, or predatorized. Felony criminal charges have been recommended.

Dr. Nancy Randall of Randall Veterinary Services, Sauk Centre, Minn., who specializes in equine medicine, was on hand to examine the surviving horses on the Verndale property. It was determined that immediate intervention was required for the neglected horses, who were suffering from emaciation and lice. The male owner of the horses was arrested at the scene on probable cause animal cruelty, and is a repeat offender; the female owned some of the horses, but was not arrested. The couple surrendered custody of the horses to AHS. The horses

were moved to an alternate site for monitoring and stabilization at Mike Froseth's ranch near Sauk Centre.

During the loading and removal process, one of the horses fell, Streff said. It was uncertain whether it would be able to regain its feet, but it did, and made it through the move, a testament to how "very resilient" horses can be if they are simply provided with basic food, water and shelter. All 14 horses have bounced-back, recovering well from their ordeal. Included in the 14 survivors were three ponies, an Arabian, a quarter horse, six miniatures, and three draft horses: a Belgian, a Belgian colt, and a Percheron. The Minnesota AHS found permanent placement for all 14 horses, working with the MN Hooved Animal Rescue Foundation.

This case is currently under criminal investigation, and charges have yet to be filed.

Streff pointed out that Dr. Randall is an "incredible vet, who went way over and beyond the call of duty in fitting us in [to her schedule]." He praised the Todd Co. sheriff and deputies for being "very progressive and supportive every step of the way—those horses would never have lived without their cooperation and compassionate management [of the situation]."

What do you do, if you suspect an animal cruelty case? Where can you turn if you need help? Initial reports should be made to your local police or sheriff's department, or call the Animal Humane Society-Golden Valley (Humane Investigations 763-486-2236, www.animalhumanesociety.org). If you need help

caring for your animals, contact your state horse council (MN Horse Council, 763-755-7729, www.mn-horsecouncil.org). More states are developing hay banks if you need help providing feed, such as the Minnesota Hay Bank, sponsored by the Minnesota Horse Welfare Coalition (612-326-4705, or toll free 866-461-4912, www.minnesotahorsewelfare.org). There are numerous equine rescues in most states, such as the MN Hooved Animal Rescue Foundation (763-856-3119, www.mharf.org).

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Our cover this issue is by Kathy Zachman of Favorite Cowgirl, www.favoritecowgirl.com. Her horses Angel and Skye are featured in this photo.

As spring approaches (and surely eventually it will) it becomes time to think of the Triple Crown thoroughbred races, held in May and June of each year for three-year-olds. Get caught up to speed on Triple Crown facts and history in "Crowns or Tiaras: A Triple Crown Primer," (pages 12-13) and find out about the fascinating life and experiences of one of the top black jockeys in racing history in "James Winkfield, "The Black Maestro," One of the Great Black Jockeys," (pages 14-15) Enjoy the races and think Spring!



Free wagon rides provided a glimpse of horses on Judson Avenue at the MN. State Fairgrounds in St. Paul during the MN Horse Expo. More on pages 10-11 and scattered throughout the May issue.

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 Feeding Your Performance Horse

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Goats and dogs completed the animal life at the MN Horse Expo as outside horses were banned due to the EHV-1 outbreak.

Photos by Ley Bouchard

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EHV-1 Update: Common Sense, Sunlight and Dry Weather

By Kari Hagstrom

[Editor's Note: We apologize for the printing error in last issue's EHV-1 article, which left gaps in the article. We realize this is important information for our readers, and refer you to our website to read a full version of the article should other such instances occur.]

Since early March, ten cases of the non-neuropathogenic strain of equine herpesvirus-1 (EHV-1) have been reported in Minnesota, Western Wisconsin and Iowa. EHV-1 is common in the spring and fall of the year, but it is unusual for there to be multiple cases of EHV-1 with neurologic signs.

EHV-1 is contagious virus strain that can have the following symptoms: fever, coughing, nasal discharge, abortion. In the neurologic disease, known as equine herpesvirus myeloencephalopathy (EHM), it can have the additional symptoms of hind-end weakness and incoordination, leaning against a fence or wall for balance, urine-dribbling or inability to urinate, loss of

tail tone, inability to rise after being down.
 ♦ The incubation period is 7-10 days and monitoring for fever should be done for 14 days to be sure the virus is not active.
 ♦ The virus is transferred from horse-to-horse. It can also be spread through contact with contaminated objects: tack, grooming equipment, feed and water buckets, people's clothing, boots and hands.

The best ways to help stop the spread of this virus are to:

♦ Practice a voluntary travel ban; keep your horses home and away from exposure to other horses.

♦ Practice safe biosecurity measures: Wash and disinfect your hands, clothes and boots when you are around horse other than your own. Wash and disinfect all objects that more than one horse may come in contact with—especially at events. Be sure to get all organic matter (manure) off of your boots/shoes.

♦ The virus does not survive long in the environment, and can be killed by disinfectants, ultraviolet light

(sunlight) and dry conditions. It favors dark, damp, protected environments.
 ♦ Use common sense. Try not to spread this disease; give it a chance to die-out.

The recent MN Horse Expo required a health certificate dated a week prior to the Expo. Shortly before the Expo began, it was decided that only 50 horses would be allowed into the event grounds. The 50 horses were comprised of clinician presentation horses, horses part of the Ma'Ceo show, Professional Rodeo Cowboys Association (PRCA) stock and participant horses, and horses used for wagon rides on the grounds. Horses at the event had their temperature checked twice daily, hand sanitizer was abundantly available, and a flier on EHV-1 was handed out to visitors. Normally 300 horses are in attendance at the MN Horse Expo.

Hopefully, with these precautions in place and in practice, the impacts and spread of the disease can be halted. Common sense, and more sunshine and dry weather would help, too.



Above: Marylu Weber of the North Dakota Badlands Horses Registry shares with the audience about the roundup of the wild horses at the Theodore Roosevelt National Park near Medora, ND, in the Cattle Barn Saturday, April 26, at the MN Horse Expo.

READER'S LETTERS

Bygory Happened to Us

Editor's Note: In a time when we hear so many tragic stories of neglect, abuse and unwanted horses, it is with great pleasure that we share our "Old Horse" feature this month. The horse described below, was also featured in the April issue. It was a different family's memories, of the same remarkable horse, Bygory. Enjoy!

By Donna Carter

It happened the fall of 2013. Not long ago, yet ... it started very long ago ... 29 +years and 40+ years ago. A little girl had a dream, a wish and a hope. Seemingly a dream never realized and life went on. Then Bygory happened.

It is a time in a lifetime when wishes and dreams meet the generosity and kindness of others and their gift. This gift happens to be a horse by the name of Bygory. I will steal her name to bookmark our wonderful time in the history of our family "When Bygory Happened to Us."

Let me tell you our story. My husband, through his job, met Rita, a horsewoman. Knowing him, he was telling her about his two girls and how horse crazy they were. The real thing!! None of this storybook, I heart (love) horses. But truly HORSE CRAZY—when you hear your 6-year-old tell her piano teacher she likes the smell of horse poop, you know she's over the top. Sometime later he got a call from Rita while at work and she offered us the chance to change our story to make a 40-year-old dream come true. She offered us Bygory, a 29-year-old mare, "been there done that" kind of horse. When my husband told me about her he assured me she was

healthy and that it sounded like a great opportunity.

We met Bygory one cold, rainy, fall day and took her home to our little farm. We didn't know that this horse was actually a fine show horse, a Black Beauty in disguise or the wearer of floral wreaths and braided tail. This was the dream.

That dream was my dream but it got passed down to my girls and boys as "a dream realized." I never see Bygory without being thankful for her. I never see my girls and boys riding her without a song in my heart. My only fear is that my kids won't know what a gift they've been given: a chance to ride. I want them to know but how do you tell someone "Cherish this! Cherish this for me! Love her, love every ride! If not for yourself do it for me!" Oh, they do love her, though, and they have great plans. My 7-year-old told me that she read about a 39-year-old horse and has planned for it to be that way with Bygory. I'll take 10 more years of wonderful. My 6-year-old wants to take her to jumping shows, after all, she did get English riding boots for Christmas. Bygory is nothing less than a fine show horse to them.

Our story includes things like being in our split level home and seeing my daughter looking in the window and realizing she is standing on something to be that high ... yes, Bygory, bare-back. Kids standing lined up at the pasture gate calling "Bygory, Bygory" to call her to them and watching this beautiful-hearted horse come to them; leading her to just about anything in order to mount her. One girl holds the mini horse next to her while the other girl climbs up on him to mount Bygory. They want to bring her in the house (but that wasn't in my dream so we aren't going there!) It really has been the season of life that changes a person whether they are a newborn or a 40+ year-old woman and anywhere in between. Seeing love in action changes your story.

If you have an unrealized dream maybe Bygory will happen to you. Watch for it. It may not look like what you see on television or in a magazine. Maybe it is disguised as an old dream, someone else's dream, a has-been or something a little worn out; but if you look at it with your heart you just might find Bygory happening to you!



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Star Horse - Gypsy

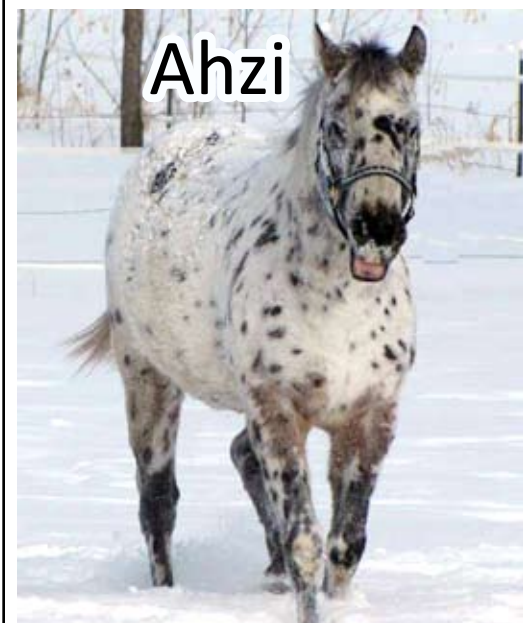
Gypsy is a flashy registered Arabian mare, ten years old. She came to Hightail as an owner surrender with her 3-year old filly, Star (also available for adoption!). Gypsy was pregnant when she arrived and gave birth to a beautiful, energetic foal this past summer. She is now back at a healthy weight and one of the sweetest horses you will ever meet! Once she was back into good health, we wanted to see if she knew how to do some simple ground work and maybe

carry a rider. Boy were we surprised! Gypsy is wonderfully trained to ride and lunge. Super soft on the mouth and extremely willing. She is a sweetheart under saddle and on the ground, and has a smooth gait and transitions. Soft on the bit. Picks up front feet but is still scared with the back ones. Very sweet and gentle, a good mother. A nice

little mare! Does your home have room for a sweetheart like Gypsy, and maybe her foal too? \$1200



For more info please contact the
Minnesota Hooved Animal Rescue
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Ahzi

Ahzi is an adorable registered leopard appaloosa gelding who was foaled in 2005 and stands 14.1 hands high. He is a sweet horse and is broke to ride. Ahzi will need a little "spring tune-up" in his training as he hasn't been ridden since last fall.

His adoption fee is \$1200. For more info on Ahzi please contact us at info@mnhoovedanimalrescue.org or (763)856-3119.

You can find our adoption guidelines and other info at www.mnhoovedanimalrescue.org.

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Echo is another of our rescued PMU foals. He is a buckskin gelding, 2 1/2 years old. He was in Anna Twinney's foal gentling class. Echo leads, loads, loves to be groomed, is very gentle and gets along with other horses. He is quite the handsome gentleman. He needs an experienced person and will make the right person a wonderful companion. Adoption Fee: \$750. Contact: Equine Voices Rescue & Sanctuary; 520-398-2814 or info@equinevoices.org. Meet: By appointment.



Echo

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Charles Wilhelm: Ultimate Foundation Training

Why I Dislike the Use of Stud Chains

If we really love and care for our horses as much as we say or think we do, why would we ever want to inflict pain on them? Stud chains are used on the nose, below the chin or across the gums. These areas are very delicate and sensitive.

I know that when a horse is out of control, we can get frustrated and can get out of control ourselves. We can become victims of our own emotions. The result may be that we take it out on the horse. But remember my motto, it is never, ever the horses' fault. It is our responsibility to train the horse humanely. You may argue that you have seen difficult horses behave with a stud chain but the stud chain is only a temporary solution to a behavioral problem. You usually see them on stallions but they are also used on mares and geldings. Horses that have stud chains used on them become dull, they become used to the pressure and pain a stud chain inflicts. The horse will learn to just tolerate it. Take off the stud chain and the horse will again be out of control.

It has been proven in raising children that inflicting pain does not produce a learned behavior. The use of pain does not carry forward into the future positively. Although, fear and pain can cause the reverse and create fear issues and negative behaviors that do carry over. A learned behavior happens when a correction is made and positive reinforcement is used. That enables the brain to connect the action with the correct

response. Then, the behavior becomes a conditioned response and can be carried over into the future as what to do or not do.

Although a stud chain gives you instant gratification in that you achieve control of your horse, it is my experience that within a short while the horse will get used to it. All you will end



with is a horse with a high head thrown into the air and one that is still pulling and dragging you around. Every horse that I know of that is having a stud chain used on it is still out of control.

Working with problem horses for the past twenty years has shown me that stud chains do not work. There is no positive learned behavior. The horse has to have a reason to make a change in behavior. Working through the mind by controlling the parts of the horse (head, shoulder, hips, feet) you will create a learned behavior. Inflicting pain does not motivate a horse to make a change. Pain only intimidates the horse. Eventually the horse

will become used to the pain and just endure it.

Why inflict pain when we can train any horse, even a stallion, to respond to cues and behave like a gentleman? Horses are happier, more calm and better partners when they have learned acceptable responses. The difference is of course that the stud chain is a quick fix. Training is an investment of time, energy, and patience. It will be worth every second in the long run. You can have responsive, light horse, one you can truly enjoy

Internationally known and respected horse trainer Charles Wilhelm is the creator of Ultimate Foundation Training which combines the best of traditional, classical and natural horsemanship. This method is applicable to every riding discipline. Charles is one of the few clinicians who is known for his superb skills in communicating with and motivating people as well as horses. His training methods reflect his motto, "It's Never, Ever the Horse's Fault".

Charles' warm and relaxed demeanor has made him a favorite at regional and national clinics and demonstrations. His training center in Castro Valley, California is among the top equine educational facilities in Northern California. Charles offers extensive hands-on learning programs for every level of horsemanship.

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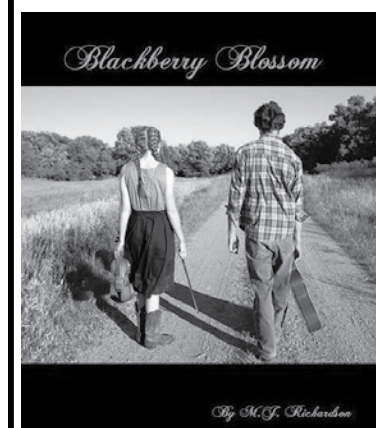
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Tax Treatment of Casualty Losses

By John Alan Cohan, Attorney at Law

Last fall a freak early snow storm killed thousands of livestock and horses in South Dakota. Ranchers suffered a tremendous monetary loss of prized livestock and horses. More recently in Kentucky, eight horses were killed in a fire, four of which were yearlings slated for the Keeneland September sale. Three of the four were uninsured.

The financial impact of casualties is significant in that it wipes out potential sales income, and sets back breeding, racing and showing efforts, not to mention the personal trauma of the tragedy.

Under Federal tax law, if you are engaged in a horse or livestock activity as a trade or business, a casualty loss is important to account for. Sometimes a major part of your breeding program can be interrupted by a casualty such as an aborted foal. When the IRS asks for an explanation of why there were several years of losses, sometimes the casualty issue needs to be clarified in detail. Sometimes if there are several casualties the IRS agent might get suspicious of insurance fraud, which requires further explanation. If there is no insurance, the amount claimed in the casualty might be substantial, and will require proof. In other cases, the IRS agent might need to be educated as to the economics of your venture and why the loss of an aborted foal, for example, can really throw a monkey wrench into your profit plans.

Another kind of setback involves illness of owners, resulting in loss of time expended in the activity due to medical treatment and recuperation. While this does not result in a casualty loss as does the death of an animal, nonetheless it impacts one's ability to carry forward business plans, and needs to be explained to the IRS if there is a history of losses.

Under the Tax Code, a casualty loss deduction is available when property is damaged, destroyed or lost due to a sudden, unexpected, or unusual event. IRS Form 4684 ("Casualties and Thefts") is submitted along with other tax forms. A sudden event is one that is swift, not gradual, such as a sudden storm, a race-horse casualty, a fire, flood, highway accident, or other misfortune.

A loss of horses or livestock in a casualty is allowed only if the animals are part of a horse or ranching business. Livestock bought for resale are deductible, for example, but casualties affecting hobby horses are not.

The amount of the casualty loss depends mainly on the cost basis of the animals in question. To compute a loss, the IRS will look to your adjusted basis in the animals minus any insurance or other reimbursement you receive or expect to receive. Generally, if a single casualty involves multiple animals, you must compute your loss separately for each animal, and then combine the losses to determine your total loss for tax purposes.

If you receive insurance proceeds for the loss, but in-

curred legal expenses to collect that insurance, the legal costs are deducted from the amount of insurance reimbursement in calculating the amount to report.

Losses of horses or livestock from disease are considered involuntary conversions. This is the case if you need to sell more than the usual number of livestock because of drought. The sale of animals above the normal volume is treated as an involuntary conversion. Involuntary conversions are reported on Form 4797 along with sales and exchanges of horses or livestock.

There are complications and grey areas in determining the scope of a casualty loss or involuntary conversion, and therefore you should seek the advice of your tax professional regarding the application of these rules to insure accurate reporting on your tax return.

John Alan Cohan is a lawyer who has served the horse, farming and ranching industries since 1981. He can be reached at: (310) 278-0203, by e-mail at johnalancohan@aol.com, or you can see more at his website: www.johnalancohan.com.



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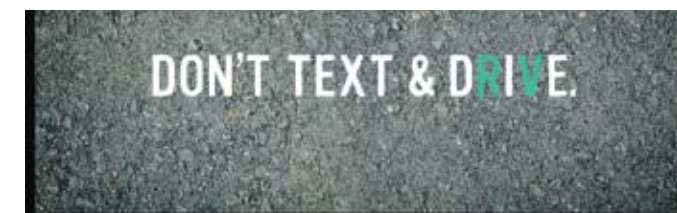
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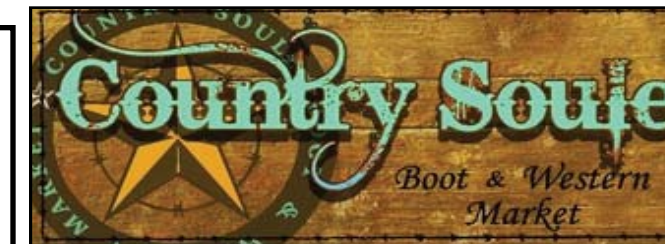


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We will not have peace on the Earth until we have peace with the Earth.

--Julia Butterfly Hill

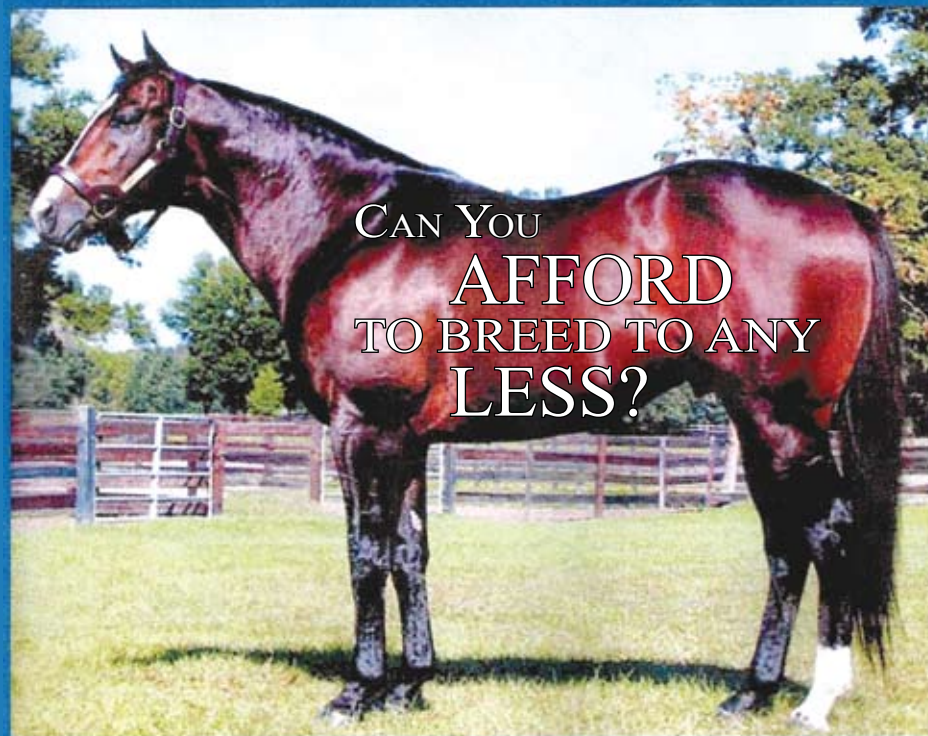


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Phil Odden of Barronnett, Wis., presented a clinic on Combined Driving in the AgStar Building Saturday, April 26, at the MN Horse Expo. He started by demonstrating the harness and various tack pieces he uses when training his Norwegian Fjords and other horses. Pictured here is Marcy, his 12-year-old Fjord. He hopes to take her to Galen, Kentucky in June for the combined driving competition.

32nd Annual Minnesota Horse Expo Photo Recap

Riddled with controversy about the recent outbreak of equine herpesvirus-1, the Minnesota Horse Council decided to go on with the show, however, they banned horses from coming to the fairgrounds with the exception of the clinician, Ma'Ceo and rodeo equines.

The streets looked bare and the Horse Barn bleak with the absence of the horses but most everyone agreed it was a wise decision to try to keep the EHV-1 outbreak in check.

In a press release April 15, the horse council said:

"As of April 8 there have been 10 confirmed cases of neurologic disease caused by Equine Herpes Virus-1 (EHV-1) in Minnesota, western Wisconsin and Iowa. The majority of the cases are in Minnesota. We support the 2 week no travel ban to help control this outbreak. If there are no further confirmed cases with this outbreak, the travel ban would be lifted April 22nd."

The weather, though typical for the expo with sun and cold on Saturday, rain on Friday and Sunday, brought thousands to see the clinicians, the fabulous acrobatic equestrian art of Ma'Ceo, the PRCA Rodeo and plenty of shopping to ease the doldrums of the long Midwestern winter.

A full line-up of clinicians and presenters included Richard Winters, (above right), Brian welman, Mark Rashid, Jim Masterson, Jane Melby, Phil Odden (pictured left), Julie Cyra, Craig Sheaffer, PhD, Samantha Adams, Krishona Martinson, Cherie Ross, Tracy Turner, DVM, Marylu Weber of the North Dakota Badlands Horse Registry, Jenny Gott, Allison Eklund, Trina Joyce, Marta Powers, DVM, Peter Sylvester, Tom Tweeten and more.



Brian Hagen provides driving tips to audience members in the Coliseum of the Mn State Fairgrounds during the MN Horse Expo.

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CROWNS AND TIARAS: A TRIPLE CROWN PRIMER

By Kari Hagstrom

What is the Triple Crown? It is the World Series of thoroughbred horse racing in the United States. Consisting of a series of three races for three-year-old thoroughbreds held in May and June of each year:

- The Kentucky Derby, held the first Saturday in May at Churchill Downs, Louisville, Ky., at a distance of 1 ¼ mile, began in 1875.
- The Preakness Stakes, held the third Saturday in May at Pimlico Race Course, Baltimore, Md., at a distance of 1 3/16th mile, began in 1873.
- The Belmont Stakes, held the third Saturday following the Preakness (the first or second Saturday in June) at Belmont Park, Elmont, N.Y., at a distance of 1 ½ miles, began in 1867; it is the longest race in thoroughbred racing.

The name, Triple Crown, was not ascribed to the three-race series until 1930, when Gallant Fox, the second winner, won the series.

Charles Hatton of the "Daily Racing Form" is commonly credited for coming up with the name.

Only 11 horses have won



Secretariat and jockey Ron Turcotte near victory during the Belmont Stakes on June 9, 1973. (Credit: Focus On Sport/Getty Images)

all three races of the Triple Crown: Sir Barton (1919), Gallant Fox (1930), Omaha (1935), War Admiral (1937), Whirlaway (1941), Count Fleet (1943), Assault (1946), Citation (1948), Secretariat (1973), Seattle Slew (1977), Affirmed (1978). At this

time, it has been 35 years since the last winner of the Triple Crown, ten years longer than the gap between Citation and Secretariat. Numerous horses have won

a combination of two of the three races, with the most common combination of wins being the Kentucky Derby and the Preakness. The mile-and-a-half-long Belmont Stakes often defeats many potential Triple Crown winners. Twenty

horses have won the Kentucky Derby and Preakness, but were defeated in the Belmont. Alydar is the only horse to have finished second in all three races in

1978 when Affirmed won the Triple Crown. In 1991 Mane Minister finished third in each race, and in 1989, Hawkster finished fifth in each race.



Sky Beauty, the last filly to win the Triple Tiara, winning the 1993 Mother Goose at Belmont Park (photo: Bud Morton). <http://helloracefans.com/races/triple-tiara/>

The races are open to colts, fillies and geldings. Ruthless, a filly, won the very first Belmont Stakes in 1867. While no filly has yet won the Triple Crown, 22 have

competed in the Belmont Stakes, and two have won it since Ruthless, Tanya (1905) and Rags to Riches ((2007). Five fillies have won the Preakness: Flocarline (1903), Whimsical (1906), Rhine Maiden (1915), Nellie Morse (1924) and Rachel Alexan-

dra (2009). Only three fillies have won the Kentucky Derby: Regret (1915—the year two fillies won two legs of the Triple Crown), Genuine Risk (1980) and Winning

Colors (1988).

In a rather confusing nutshell, the Triple Tiara [Not to be confused with the three-tiered papal tiara—triple

tiara or triple crown-- used by Catholic popes from early in the 8th to 20th centuries, the last being worn by Pope Paul VI.] (or Filly Triple Crown) has been reconfigured four different times, had a different name twice, and has twice had different bonuses offered, and seems generally and unfortunately to not have been taken very seriously by the media or the racing world. In 1949, when Wistful won the Kentucky Oaks, the Pimlico Oaks and the Coaching Club American Oaks races, then considered an informal part of the Filly Triple Crown series, it was not mentioned in the "Racing Forum" or the "New York Times" as a Triple Crown event. Again in 1952, when Real Delight won the same three races (though

Continued on next page



Left: The only moving horse in the Horse Barn at the MN Horse Expo was this mechanical horse. Due to the EHV-1 outbreak, the MN Horse Council decided that no outside horses would be permitted at the 2014 MN Horse Expo. Many commented on the strange feeling in the Horse Barn because of the lack of live horses. Only clinicians and presenters were permitted to bring horses to the expo to minimize the risk of spreading the disease. More on page 3..

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11:30 am Energetic Body Work by Dr. Kathy Seifert

2:00 pm Healthy Horses Without Drugs & Chemicals by Dr. Will winters

3:30 pm Rain Drop Therapy by Gorgette Bloom



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CROWNS OR TIARAS

Continued from page 12

the Pimlico Oaks had by then been renamed the Black-Eyed Susan Stakes), no mention was made in either publication of wins more significant than that of winning several stakes races. It wasn't until 1961 that the Filly Triple Crown seems to have gained an identity, when the New York Racing Association (NYRA) grouped the Acorn Stakes, the Mother Goose Stakes, and the Coaching Club American Oaks into a series and offered a \$25,000 bonus to the winner of all three races. These three races had previously existed for many years, beginning respectively in 1931, 1947 and 1917. But even in 1963, after Spicy Living won the Acorn, the Mother Goose and the Coaching Club American Oaks, the Filly Triple Crown still wasn't taken very seriously in the media. This configuration lasted until 1987.

Over the years, the Filly Triple Crown/Triple Tiara has looked like this:

- Early in the 20th century: the Kentucky Oaks (1 1/8th mile), the Pimlico Oaks (1 1/8th mile, renamed the Black-Eyed Susan in 1952), the Coaching Club American Oaks (run at various distances in its history, from 1 1/8th mile to 1 ½ mile). Informally known as the Filly Triple Crown.
- 1961: NYRA officially names the Filly Triple Crown.
- 1961-1987: Acorn Stakes (1 mile, formerly 1 ½ mile), Mother Goose Stakes (1 1/8th mile), Coaching Club American Oaks.
- 1987: Filly Triple Crown renamed the Triple Tiara.
- 2003: The Acorn is removed from the series and replaced with the Alabama Stakes (1 ¼ mile), the oldest stakes race for fillies).
- 2007: The Alabama is replaced with the Acorn.
- 2010-present: The Mother Goose is removed

for a new configuration of Acorn, Coaching Club American Oaks (distance set at 1 1/8th mile in 2010), and the Alabama Stakes.

The Filly Triple Crown/Triple Tiara has been won by eight fillies thus far: Dark Mirage (1968), Shuvee (1969), Chris Evert (1974), Ruffian (1975), Davona Dale (1979), Mom's Command (1985), Open Mind (1989), Sky Beauty (1993). Three of these fillies also had the rare accomplishment of winning the Alabama Stakes in the same year as they won the Triple Tiara: Shuvee (actually won the Filly Triple Crown), Mom's Command, and Open Mind. These fillies deserve as much attention as the colts.

There is some serious racing to be acknowledged and seen in the filly racing world: witness Ruffian's 1975 performance in the last leg of the Filly Triple Crown, the (then) 1 ½ mile Coaching Club American Oaks, in which she beat out the time set by Foolish Pleasure, Master Derby and Avatar as they battled for that year's Belmont Stakes at the same distance. Despite being held back to conserve her strength for a match race in two-week's time, Ruffian ran for the sheer pleasure of running, even bucking exuberantly after she crossed the finish line.

Some Triple Crown facts:

- Eddie Arcaro is the only jockey to have won two Triple Crowns, riding Whirlaway (1941) and Citation (1948).
- Gallant Fox (1930) is the only horse to have sired another Triple Crown winner, Omaha (1935).
- Jim Fitzsimmons is the only trainer to win the Triple Crown with two different horses: Gallant Fox and Omaha.
- The sire/son combination of Gallant Fox and Omaha were also the first (and



Sir Barton & jockey Johnny Loftus, 1919, compliments Wikipedia.com

thus far only) time that an owner/breeder combination would have two Triple Crown wins: Belair Stud.

- Secretariat (1973) holds the record for each of the Triple Crown races. His record for the Kentucky Derby stands to this day. He set a world record in the Belmont at 2 minutes 24 seconds, and crossed the finish line an astonishing 31 lengths ahead of the other horses.
- D. Wayne Lukas is the only trainer to have won the Triple Crown (1995) with different horses: Thunder Gulch won the Kentucky Derby and Belmont Stakes; Timber Country won the Preakness Stakes.
- Trainer Bob Baffert has had two different horses finish second in all three races in one year: in 2012 Bodemeister finished second in the Derby and Preakness, and Paynter finished second in the Belmont.
- Trainer John Veitch had one horse finish second in all three of the races in 1978 when Alydar placed second to Affirmed.
- There have been several years in which the Triple Crown was not held: once the

jockey, Oliver Lewis. Willie Simms won the Derby, the Preakness and the Belmont over the course of the 1890s, the only black rider to do so. Jimmy "Wink" Winkfield won back-to-back Derbies in 1901 and 1902. Three-time Derby-winner, Isaac Murphy, was one of the black jockeys that won 15 of the first 28 Kentucky Derbies.

- There are Triple Crown races held in most countries that feature thoroughbred racing. The original Triple Crown races began the United Kingdom in 1853 with Western Australia's three wins in the 2,000 Guineas Stakes (1 mile at Newmarket Racecourse, Newmarket, Suffolk), the Epsom Derby (1 mile, 4 furlongs, 10 yards [a furlong is 1/8th of a mile or 220 yards] at Epsom Downs Racecourse, Epsom, Surrey), and the St. Leger Stakes (1 mile, 6 furlongs, 132 yards at Town Moor, Doncaster, York).

For fun, excitement, and sheer thrills, following the Triple Crown races can't be beat. The races are televised annually so you don't have to miss them: see listing below. See you at the races!

Broadcast schedule: 140th Kentucky Oaks (for fillies): Saturday, May 2, 5-6 p.m. EST on NBCSN.

140th Kentucky Derby:

Saturday, May 3, 2014, 4-7 p.m. EST, post time approximately 6:24 p.m. EST, on NBC. Derby Prep: Sat., May 3, 11 a.m. - 4 p.m. EST on NBCSN. Derby Post: Sat., May 3, 7-7:30 p.m. EST on NBCSN.

139th Preakness Stakes: Saturday, May 17, broadcast begins at 4:30 p.m. EST on NBC. Approximate post time 6:20 p.m.

146th Belmont Stakes: Saturday, June 7, broadcast begins at 5 p.m. EST, post time at approximately 6:30 p.m. EST on NBC and NBCSN.

Triple Tiara races: Acorn Stakes: Saturday, June 9, post time 2:34 p.m. at Belmont Park.

Coaching Club American Oaks: held July 10 at Saratoga Race Course, Saratoga Springs, N.Y.

Alabama Stakes: held August 16 at Saratoga Race Course.

Sources: HelloRaceFans.com. Generous thanks to Teresa Genaro, contributing editor at Hello Race Fans, for her illuminating article on the convoluted history of the Triple Tiara, and for Mary-Ann's Dec. 20, 2013 reply to the article for her insightful comments on Ruffian's performance in the 1975 Coaching Club American Oaks race. www.helloracefans.com/races/triple-tiara/

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The Invisible Cowboys

By Janice M. Ladendorf

In early America, frontiersmen became our folk heroes. They symbolized the courage and independence that ordinary Americans could achieve. Like Daniel Boone and Davy Crockett, these men had to excel in frontier survival skills and often operated beyond the edge of civilization. In the early 1800s, the popular "Leatherstocking Tales" of Fenimore Cooper presented Natty Bumppo as the ultimate in resourceful woodsmen.

From 1860 to 1898, the melodramatic stories in dime novels created a new American folk hero, the cowboy. He had to be white, fearless, and fair, as well

as enjoy hard drinking and fighting. To defend the right or rescue imperiled white maidens, he fought and often killed dirty villains, Mexicans, or Indians. Sometimes he allowed a good Indian or proud Spanish American to help him. In these novels, the invisible cowboys were African Americans.

In 1902, Owen Wister's novel, "The Virginian," introduced a new genre to American fiction. As compared to dime novels, Western fiction had more accurate backgrounds, deeper characterization, and more believable plots. Zane Grey was one

of the most prolific authors in this field. If a black appeared at all in one of these novels, it was as a minor or comic character. Stories in pulp magazines followed this pattern, as did early movies. Unfortunately, later Western novels and movies have generally continued to ignore the major role played by black cowboys, but occasionally they will present one favorably, as James Michener did in Centennial.

The heyday of the heroic cowboy was during the trail drives from Texas to the railheads in Kansas or to new ranches in northern states, such as Colorado. From 1868 to 1895, about

15 million longhorn cattle were gathered from Texas ranches, branded, and sent north. During this time, about one million horses were also sent north for sale in herds of 500 or less. Cattle were typically driven in herds of 2,500. A smaller herd reduced profits and a larger herd could be hard

"Come along boys and listen to my tale, I'll tell you of my troubles on the old Chisholm Trail. Come a ti yi yippee, come a ti, yi, yea."

to handle. A typical trail crew included at least eight cowboys, a horse wrangler, a cook, and the trail boss. The wrangler often had to manage a herd of 70 or more horses. At trail end, many of these horses were sold.

Over 35,000 men worked in the drives north. Of this total, one estimate suggests that one-third of the trail crews were African American or Mexican. Another analysis of the available records indicates that blacks composed 25 percent of the crews and Mexicans 13 percent. Neither of these percentages included the black cowboys who stayed home to break horses and keep the ranches running.

Cattle and horses existed in Texas long before the Civil War. The Spanish brought

cattle and horses with them to the New World. Their pioneering mission settlements ran cattle and trained vaqueros. Spanish longhorn cattle thrived in Texas, as did Spanish horses that had gone wild. Most cowboy gear and practices were

strongly influenced by the traditions of the Mexican vaqueros. For example, the Spanish war saddle was the prototype for our western saddle.

Texas ranchers found various markets for their cattle. When Texas was ruled by Spain, they had to be driven south to market. One popular route went from San Antonio to the Mexican state of Coahuila. When the Americans settled in Texas, some ranchers drove cattle to Louisiana, California, or Missouri, but for relatively low profits. Texans also established slaughterhouses near their coastal ports that shipped out hides, tallow, and some salted meat.

When white men left to fight in the Civil War, unbranded cattle proliferated in Texas. By 1868, railroads had reached as far as Kansas. Since cattle could be bought for \$3.00 a head in Texas and sold for \$30.00 in Kansas, trail drives became highly profitable. The Chisholm Trail was the main trail used to travel from Texas and across western Oklahoma to reach the Kansas railheads. The Goodnight-Loving Trail went west in Texas and then north to states, such as Colorado and Wyoming.

Drives could not be made



without men and horses. Before the Civil War, the population in Texas was low compared to the other Southern states, but war casualties limited the number of experienced top hands. Unemployed veterans, boys looking for adventure, and penniless freed slaves filled out the trail crews. They worked eighteen hours a day for meager rations and meager pay. Stampedes, blizzards, and river crossings represented major hazards. They also had to protect their herd from hungry predators, Indians, and rustlers. Despite their popular image, real cowboys rarely engaged in gunfights. Crooks, gamblers, and lawmen were the gunmen who fought each other. According to the rules used by some trail drives and ranch operations, cowboys could shoot wild or injured animals, but not each other.

When Americans came to Texas, they generally brought their horses and slaves with them. One of their stallions was the famous Steel Dust. At that time, thousands of mustangs roamed the plains of Texas. When they could be caught, the mares were bred to American stallions while males were gelded, broken, and used or sold and driven north. The typical cow horse of that day could be half or all mustang.

Most of the slaves worked on farms or plantations, but some learned to handle cattle and horses on ranches established by their owners. Hundreds ran away to free-

The Invisible Cowboys

Continued from page 14

dom in Mexico. In 1844, a group successfully escaped from Bastrop to Mexico on stolen horses. In 1860, the census showed that blacks composed 30 percent of the population in Texas. To stay in Texas, freed slaves had to get special permission from the legislature. When Wyly Martin freed his ranch manager, Peter Martin, he was allowed to stay because he had hauled supplies for the right side during the Texas Revolution.

When the white men left to fight, some slaves had to turn cowboy. Later, freedmen had to face various degrees of discrimination. When a cowboy could do his job, his color should have been irrelevant. Black cowboys probably fared the best when ranchers and trail bosses enforced the rules against drinking, gambling, and fighting. To be accepted, sometimes they had to have better than average skills and been willing to volunteer for the toughest jobs. Since most white men refused to take orders from blacks, generally they could not be promoted beyond the status of top hand. As Jim Perry said, "If it weren't for my dammed [sic] old black face, I'd have been boss of one of the divisions long ago."

Historical records for both white and black cowboys

are scanty. We know the most about ones who became famous. Black cowboys weren't all good men. Several rode with one of the Plains Indian tribes. James Kelly, the Ebony Gun, acted as an enforcer for the infa-

As the great days of trail drives came to an end, cowboy jobs grew scarcer. A few lucky blacks stayed on as hands for ranchers who knew them. Some started their own small ranches. They are the ones who had saved their pay or taken some of it in cattle. Others worked as farmers or found laboring jobs in cities. When the famous Nat Love settled down, he became a sleeping car attendant for the Pullman Co. Two of the early black cowboys are included in the Hall of Fame at the National Multicultural Western Heritage Museum. They were Boise Ikard and the famous bulldogger, Bill Pickett.

Sources: Dobie, J. Frank. *The Mustangs*. Austin: University of Texas Press, 1934.

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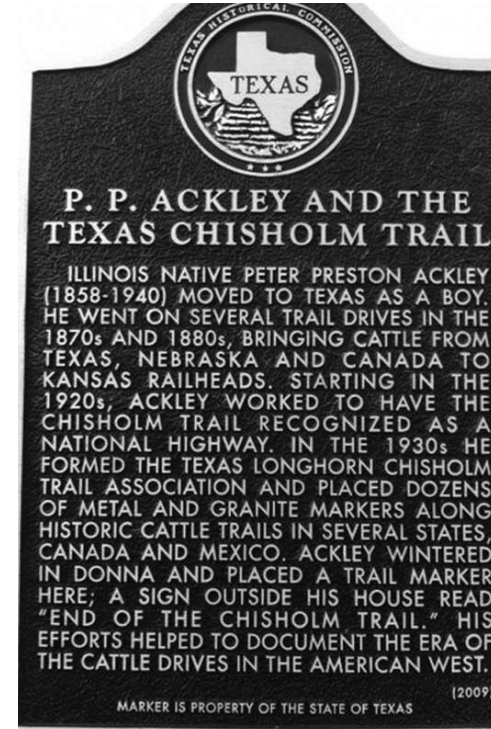
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Photo credit: <http://www.blackcowboys.com/blackcowboys.htm>

Painting: *Black Cowboys, 1972-1974* | Africana Library at Cornell ... africana.library.cornell.edu



mous Print Olive clan. Other black cowboys became trusted employees. For thirty-five years, Neptune Holmes acted as a right hand man for Shanghai Pierce. When Boise Ikard died, Charles Goodnight sent an epitaph for his grave. He said, "Served with me four years on Goodnight-Loving Trail, never shrank a duty or disobeyed an order, rode with me in many stampedes, participated in three engagements with Comanches, splendid behavior."



COWBOY POETRY WITH ORV

PLOWING WITH HORSES: TOO GOOD TO BE TRUE?

HARNESSED UP FOR OLD TIMES SAKE

A country gentleman looked longingly at his newly purchased horse-drawn plow. He had practiced driving his teams. He planned to hitch them on that plow somehow. His research was thorough with definitive instructions from his Dad, Who was an expert with experiences of decades of plowing, since Dad was a lad. He'd stood in the freshly turned furrows watching a synchronized team ahead. Back then, he wished it was him that was sitting on Dad's plow seat instead. Dreams would soon be fulfilled. While daydreaming and sitting on his rump; Crude drawings of mechanics of three-horse eveners fell to the floor with a thwump.

SOME TEAM ASSEMBLY REQUIRED/A RETRO EXPERIMENT WHERE THERE'S A WILLING HITCH, THERE'S A WAY

His Dad plowed with a multi-team plow on the day that World War I ended. His Dad was 10-years-old that day. Now he had the plow Dad recommended. The three-team hitch had 'clip-clopped' down the lane many, many times together. The staccato cadence of 12 hooves was mixed with squeaks of harness leather. According to advice, he'd rely on the lead horse on the right. He would use 'genuine' horsepower. Success depended on how they would unite. He rewarded his horses with a stream of drinking water from the pump. While unharnessing them, he tossed the horse collar, which landed with a thwump.

SWEETENING THE JOB WITH SWEET CORN FRUCTOSE, PAID BY THE EAR TEAM PERFECTION, PERFECTLY IN SYNC/THE STING

An unplowed plot of ground awaited from a generous neighbor's invite To plow a sweet corn patch. The payment of sweet corn would be a 'sweet' delight. He rehearsed the lever lift, that used plow wheat cam, hand and foot power. He slid on and off the seat, practicing the correct movement, for an hour. The metal plow seat was pock-marked, that is, having holes in the metal seat For ventilation and weight-saving. Would he need a burlap sack, to defeat The onslaught of hungry mosquitoes? They'd relish a blood draw from his rump. For rural guys to outsmart horse bloodsuckers, the gunney sack was their trump.

PLOWBOARDING, MOLDBOARDING OR SPRINGBOARDING?

The metal seat mount was made of springy steel. It was a comfort design For traversing rocky field conditions. (On smooth ground it worked fine.) Homesteaders walked alongside the moving plow, to warm up on days that were cold Or needed to stretch. He planned to follow plowing tips, from pioneers of old. The subject, that plowboy, who may request a senior citizen discount Was commemorative plowing in this century. His trial run' we will recount. He had put so many hours into that plan. Unmoved was he a mug-wump? Like the bird on the fence? We wished to drop that single plowlay with a thwump.

DOUBLE MOVEMENT OF THE TWO POCK-MARKED SEATS

Down the noisy gravel roads, that four-some (driver and three horses) went. It was re-enactment. New definitions of re-enactment, he truly lent. That proud driver was obviously in a chipper mood, whistling a tune. The brilliant April sun shone down with warmth. It was a few hours before noon. Some people have bounce in their walk. He had 'bounce' from that springy seat ride. The plowing scenario was set. He had a photographer at his side. He had carried his plowlay cleaning stick, hoping the moist soil wouldn't clump. A picture of perfection. If anything lacked, it was us he did stump.

CLOSE ENCOUNTERS OF THE DIRT-BATHED KIND/BOULDER-DASH

He listened to Old-Timers: "Not to put the plow deep in the ground. He eyed a post, to plow a straight furrow. They plowed so smooth, onlookers spellbound. His 'restored' Emerson sulky one-bottom plow worked well. He's sitting on his throne. The field was turning black as earth was turned, including some small stones. The plow hit a rock! He was unceremoniously dumped, but was unhurt. His plowing 'aspiration' did not include 'aspiration' of dirt. Life can get 'rocky.' The springboard' action came as the rock made the plow jump. He was face-down in the soft plowed dirt. He landed with a thwump!

THINGS THAT GO THWUMP IN PLOWED FIELDS/HOLEY PLOW-SEAT, BATMAN!

Cats may have landed on all "4's." Life gets 'bumpitious,' don't it? Overconfident in his riding and driving ability, caution he did omit. He's broke a number of horses to ride and drive. He was no 'greenhorn' chump. He was AIR-BORNE for a split second! His NOSE-DIVE came from a springboard dump! The horses stood awaiting the dirt-bathed driver. He let them stand and rest. He tried to clear his mind ... and devise a new game plan (as we might suggest) The day of the Un ... Unexpectedly ... Unceremoniously dumped, landing like a lump! A 'turn of events' while 'turning' the soil ... he landed with a thwump!

OFF-SET SINGLE-TREES AND EVENERS/ HORSES WILLINGLY PULLED AND PULLED TOGETHER

His team stopped ... no runaway occurred. And when the subject reappears, He cups hands o'er his ears. He'd speak, but would speak of sweet corn ears. You can tell a plowboy, but you can't tell him much. Hump Day had a hump. He'll change the subject. He'll just display the plow that caused him to land with a thwump! The retro experiments gave a 'springboard' to success. It was an 'impact' day ... An unhappy landing. That ROCK star was a long way from the Hard Rock Cafe. You expect me to tell you it came off without a hitch? You be the UMP ... You decide. Too old to break broncs; a breaking plow caused him to land with a thwump.

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Feeding the Top Performer

By Juliet M. Getty, Ph.D.

We all admire the equine athlete, the captivating blend of speed, control, grace and endurance. But the added stress of performance requires an optimal diet, with plenty of energy from carbohydrates and fats, high quality protein, adequate minerals, and vitamins.

Carbohydrates, the cornerstone

Carbohydrates supply the foundation for energy needs and fuel quick power bursts. The most significant source of carbohydrates should be forage, fed free-choice to provide an amount equal to 2.5 to 3.5 percent of his body weight. This is central to your horses' health. When forage is consistently available (beyond what you believe they'll initially eat), horses will ultimately self-regulate their intake and eat only what their bodies need. Since the horse's stomach continually produces acid, an empty stomach will lead to discomfort, ulcers, and irregular hormonal changes.

Besides forage, feed concentrated meals, usually a commercial "performance" mix, or better yet, clean oats with added supplementation. But don't overdo it. The stomach has a relatively small capacity; a too-generous meal can lead to colic. Too much starch at one time also increases stomach acid, potentially leading to ulcers or exacerbating an existing ulceration. Large, starchy meals may trigger laminitis, and in young horses, high-starch diets can lead to osteopathic disorders. And there are other things to be aware of: If starch is fed in excess without enough forage, the calcium-phosphorus imbalance can lead to tying up, irregular heart-beat, inability to regulate body temperature, impaired joint and bone develop-

ment, or porous bones than can easily fracture. Limit the cereal grain content of your horse's diet to 2 lbs at a time (less for growing horses) and combine it with other feedstuffs (i.e. hay pellets, beet pulp, and fatty feeds) to create a meal of no more than 4 lbs (dry weight). Remember proportion: Rely on forage for the majority of the horse's feed.

Fats for staying power

Fat promotes endurance as another energy source, thereby sparing carbohydrates from being used up too quickly. Fat also prevents lactic acid buildup (lactic acid slows muscle recovery). And fat steadies the blood sugar and insulin response, which smoothes temperament.

But not all fats are the same:

- Sources such as flax, chia, and fish oils are high in omega-3 fatty acids – these reduce pain and inflammation. They also protect the heart, lungs, joints, feet, and immune function, as well as regulate blood insulin levels. Ground flaxseeds and chia are powerhouses of omega 3s for all horses, especially athletes. When feeding ground flaxseeds, choose a commercial product that has added calcium (to correct for the high phosphorus levels naturally found in flax). Chia is also high in phosphorus, so adding a high calcium feed, such as alfalfa, will balance out the calcium to phosphorus ratio.
- Avoid overuse of "vegetable oils" (especially corn and soybean oils) – they are high in omega-6 fatty acids, which actually increase inflammation, and hence, pain.
- Rice bran is an excellent fat source; here again, choose a product with added calcium to balance its high phosphorus content. Rice bran oil contains gamma oryzanol, a natu-

ral steroid that promotes muscle development.

When switching to fat as an energy source, it's best to "train" your horse's body to choose fat for energy. To do this, increase the exercise intensity, giving your horse at least a month of hard training with extra fat in his diet.

Protein, the body-builder

Protein builds healthy muscle, bone, tendons, and blood, as well as hundreds of other body proteins involved in keeping systems in top working order. A grass-alfalfa

hay mixture (no more than 50 percent alfalfa) will offer a high quality forage-based protein. Commercial feeds should supply between 14 and 16 percent crude protein; most producers boost overall protein quality by adding individual amino acids such as lysine, methionine, and tyrosine, as well as alfalfa and soybean meal. Other sources of protein can be included in the diet, such as copra meal, isolated whey protein, and split peas.

Necessary vitamins and minerals

Grazing on healthy pasture is the best source of vitamins and minerals, but for many horses, hay is the likely forage source. Once fresh grass is cut, dried, and stored as hay, its nutritive value diminishes. For the performance horse, pay close attention to the following:

- B vitamins for the nervous and digestive systems, and to derive energy from feed. Give a B-complex supplement without added iron, unnecessary to supplement in horses.
- Vitamin A: Beta carotene, a precursor to vitamin A, is lost in hay. 1-2 lbs of carrots, spread out over the day, will satisfy the horse's need—and his sweet tooth.
- Vitamin D protects his bones and joints, and maintains muscle function. D is produced from sunlight, but horses without much sun exposure (or that are bathed or sprayed frequently) need to have added Vitamin D. A safe range is 2-4 IU per lb of body weight.

- Vitamin C neutralizes damaging free radicals caused by intense exercise stress;

promotes respiratory function; reduces inflammation; and prevents lung hemorrhages. C is necessary for collagen production, giving bones and joints their strength. The performance horse should have 3,000 to 10,000 mg of C daily.

- Vitamin E and selenium: Depending on the work load, supplement 1-5 IU of vitamin E per lb of body weight, and up to 5 mg total selenium per day. Selenium is toxic in relatively small amounts so take time to calculate the total in the whole diet.
- Minerals: Copper and zinc work together to produce healthy bones, cartilage, and connective tissue, improve stress tolerance and endurance. Too much zinc depresses copper absorption; a ratio of 3:1 zinc to copper is best. A 2:1 ratio of calcium to phosphorus is ideal, though horses can tolerate a ratio of up to 6:1. Magnesium is important

for muscle function and a calm disposition; ideally, the amount of calcium should not be more than twice that of magnesium.

Most prepared mineral supplements contain adequate minerals. Test your hay to determine its mineral content and balance them accordingly with the rest of the diet.

Salt, electrolytes and water

- Your horse needs salt: 1 to 2.5 ounces daily (2 to 5 tablespoons), depending on the amount of perspiration. A plain, white salt block should always be available, but some horses do not lick them adequately. Table salt can be offered free choice and/or added to meals. Use non-iodized salt if your horse already is getting iodine in his feed.
- Hay is the best chloride source (needed with salt) so offer plenty before exercise.
- Electrolyte preparations should be added when your horse is exercised and/or heavily sweating, but they do not satisfy the entire requirement – the horse must be in proper sodium balance before using electrolytes. Electrolytes are added to simply replace what is lost from perspiration.
- Adequate salt encourages water consumption; even slight dehydration can negatively impact performance. Always offer clean, fresh water; salt and/or electrolytes should never be added to the main water supply.

Optimal performance requires optimal nutrition. Provide a high-quality, healthful diet of forage, protein, omega-3 fatty acids, antioxidants and minerals to help your equine athlete meet his toughest performance challenges. There is more on feeding the equine athlete in the Library at www.GettyEquineNutrition.com.

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Juliet M. Getty, Ph.D. is an internationally respected, independent equine nutritionist who believes that optimizing horse health comes from understanding how the horse's physiology and instincts determine the correct feeding and nutrition practices. She is the Contributing Nutrition Editor for the Horse Journal, and is available for private consultations and speaking engagements.

Buy Dr. Getty's comprehensive resource book Feed Your Horse Like a Horse at Dr. Getty's website, www.gettyequinenutrition.com, and have it inscribed by the author. Or buy it at Amazon (www.Amazon.com), Barnes and Noble (www.barnesandnoble.com) or Books A Million (www.booksamillion.com). The seven separate volumes in Dr. Getty's topic-centered Spotlight on Equine Nutrition series are available at her website, where Dr. Getty offers special package pricing, and also at Amazon in print and Kindle versions.

Dr. Getty provides a world of useful information for the horseperson at www.gettyequinenutrition.com. Sign up for her informative, free monthly newsletter, Forage for Thought; browse her library of reference articles; search her nutrition forum; and purchase recordings of her educational teleseminars. And for the growing community of horse owners and managers who allow their horses free choice forage feeding, Dr. Getty has set up a special forum as a place for support, celebrations, congratulations, and idea sharing. Share your experiences at jmgetty.blogspot.com. Reach Dr. Getty directly at gettyequinenutrition@gmail.com.

James Winkfield, "The Black Maestro," One of the Great Black Jockeys

By Janice M. Ladendorf

Back-to-back winner of the Kentucky Derby, and winner of 2,500 races over a career spanning 32 years and several countries, Jimmy Winkfield was born in 1882 at Chilesburg, Kentucky, eight miles east of Lexington. His parents, George and Victoria, had been freed in 1853 when they purchased their house and a small farm. They also sharecropped some of the adjoining land. They raised both chickens and pigs. Jimmy was their seventeenth child. By the time he was seven years old he not only helped with chores, but rode their saddle horses bareback.

When his parents died, he went to live with one of his sisters in Lexington. She lived in the black community east of the Kentucky Association racetrack. It was the oldest track in the United States and had been founded in 1826. Black labor and talent supported this track. There Jimmy's life long love affair with racing began. He heard stories of the great black jockeys and dreamed of becoming one of them and winning many races like his special hero, Isaac "Ike" Murphy.

He began working as a shoeshine boy. By 1896, he was going to night school and driving carriages during the day for wealthy people. He had always been a natty dresser, but this job polished his manners and he discovered that he could entertain his passengers with his quick wits. Saturdays he spent at the track playing marbles with the stable boys and watching the races. In his first job there, he earned eight dollars a month and his board.

In 1898, W.H. Mays and his son, Bub, offered him a job as a stable boy and exercise rider. They paid him ten dollars a month and board. He

had not grown beyond five feet and weighed only one hundred and five pounds. He worked hard and did so well that they began training him to be a jockey. They taught him how to ride in a crouch seat, as well as how to judge the pace of his horse and every other one that he could see around them.

In his first race, his drive to win got him into trouble. He tried to push through too small a hole and knocked down another horse. He came in second, but was suspended for a year. By then, his friends had already begun calling him Wink. In 1899, his career took off after he had ridden Alvenstoke to victory in Chicago. As he came into the winner's circle, he glowed with pride. He had achieved his first goal, but his horse had won only four hundred dollars. That year he racked up fifteen wins and placed in fifty-six races. The Mays offered him a three year contract with a monthly salary of twenty-five dollars a month.

In 1900, he placed third in the Kentucky Derby with Thrive. Three months later, a white jockey deliberately pushed his horse into the rail. When the two horses fell, the white jockey just sailed over the rail and landed safely in the infield. Wink's legs got badly bruised, but in a week, he was back in the saddle. This incident was one of first ones in the racial war between white and black jockeys. At the end of the racing season, Wink went home and married a girl named Edna. He enjoyed being with her whenever he was not whizzing around the racing circuit.

By 1901, the Mays had begun renting him out to other owners. In the Kentucky Derby, Wink got

that he had made a mistake. Later that year, he agreed to ride for John Madden in a thirty-six thousand dollar futurity race, but when Bub Wink offered him a bonus of \$3,000 to ride his colt, he accepted. He did not win and the angry Madden swore he would destroy his career in America. Wink got fewer and fewer jobs.

American trainers and jockeys had already begun migrating to Europe where there were more and richer races. As racing opportunities shrunk here, white and

In 1902, he won the Ken-



James Winkfield was a two-time Kentucky Derby winner. Photo credit: <http://www.kentuckyderby.com/history/african-americans-in-the-derby>

black jockeys continued to fight each other for the remaining jobs. Owners became afraid to hire black jockeys because they believed the white jockeys would do what ever they had to do to stop their horses from winning. Desperate for a job, in 1904 Wink signed a contract to work for Mikhail Lazaroff in Russia. In his first year, he raced in Warsaw, Moscow, and St. Petersburg and won twenty-one of his forty races.

When the season was over, he returned to the United States. He stopped in Chicago, drank bad whiskey with his friends, and did some permanent damage to his right eye. He went on to Lexington, but still could not find any jobs in racing so he returned to Russia and had another successful season. Edna joined him there in 1906 and they adopted a baby girl they named Ida. In 1907, she returned home and Wink joined her there in 1909. By then, the anti-gambling league had closed down all but twenty-five of the American tracks and again, Wink could not find any place in American racing.

When Wink returned to Russia in 1910, he began living with Alexandra Yalovicina and a year later they had a son they named George. Edna divorced him, but there is no record that he married Alexandra. In that year, Wink also raced in Vienna, Budapest, and Germany. By 1913, he rode full time for the wealthy Leon Mantachiff. He gave the great jockey a generous salary plus ten per cent of all of his winnings. Wink felt so wealthy that he quickly hired his own valet. He also met Baron Vladimir de Minkwitz. His young daughter Lydie adored racing and admired Wink, the famous black jockey.

Wink maintained his American citizenship all his life. He loved his homeland, but there he had been treated as a second class citizen. In Europe, he was a novelty. As he became more and more famous, he reveled in the adulation he received. He made enough money to dress well, live well, and enjoy associating with the wealthy. He earned a reputation for being a

Continued on page 19

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Industry News

Midwest Horse Fair Attendance Excellent for 2014!

MADISON, WI – The 35th annual Midwest Horse Fair, held April 11-13, on the Alliant Energy Center grounds in Madison, drew the third-highest year of attendance in the three-day event's history with 54,500 people passing through the admission gates.

Despite a weekend that saw more than 3 inches of rain and thunderstorms on Sunday, attendance was 19,000 on Friday, 23,500 on Saturday, and 12,000 on Sunday, for a total increase of 2 percent over last year's attendance of 53,500. The event saw its highest attendance in 2010 (56,000) and 2012 (55,500).

The event's estimated economic impact on the Madison area is \$8.4 million, resulting from spending at local hotels, restaurants, shops, and other businesses.

"Our intent each year is to exceed everyone's expectations, and with the success of the 35th Midwest Horse Fair, we even exceeded our own," said event General Manager Rhonda Reese. "Despite the rain, attendance was great, and we received so many positive comments from exhibitors, clinicians, and attendees. This is what makes the event so rewarding to put on. We're thrilled to have the opportunity to showcase Wisconsin's rich equine history."

This year was the first time the event hosted two nights of PRCA Rodeo. Tickets nearly sold out for Friday night's rodeo and sold out on Saturday. Horse enthusiasts also enjoyed breed and discipline demonstrations, daredevil equestrian stunt shows, judging competitions, an obstacle challenge, pony and carriage rides, children's activities, clinics, and other educational offerings. Other statistics compiled from the event:

- 536 – number of horses

participating in the event

- 6 – number of monkeys
- 5 – number of border collies
- 500 – number of vendors who sold horse-related gear at the event
- 3.28 – number of inches of rain that fell throughout the three days
- 20.3 – the number of hands high that Big Jake, the world's tallest horse on display at the fair, measures

The 2015 Midwest Horse Fair is scheduled for April 17-19. The theme will be "Galloping Into the Future" due to the new, modern barns – to be called the New Holland Pavilions – that will be used by the fair for the first time next year. For more information on the Midwest Horse Fair, including event results from last weekend, visit MidwestHorseFair.com, Facebook.com/midwesthorsefair, or @MWHorseFair on Twitter.



Racing Free Stakes Race added at NDHP

The Racing Free team is proud to announce a new opportunity to promote a level playing field in 2014. Racing Free and North Dakota Horse Park have teamed up to create two very special Racing Free Stakes races on the weekend of July 26th and 27th, 2014.

There will be one race for thoroughbred Racing Free member-horses and one for quarter horse Racing Free member-horses enrolled at the North Dakota Horse Park meet in Fargo, N.D. This is a monumental step in showcasing the racing industry leadership's desire to eliminate performance-enhancing drugs and join together to promote a level playing field. We would like to offer your organization the opportunity to sponsor any additional purse money and travel

expenses that will go into promoting and providing incentive for these exciting races. Sponsoring organizations will be showcased on all Racing Free Stakes race print ads, social media postings, as well as in ads produced by the ND Horse Park and promotional items for race weekend including a sponsor banner and t-shirts. Additional promotional opportunities include race track signage, public address announcements, sponsor tables, individual program ads, and hospitality for the weekend of the race. Please

contact us at 325-248-5220 for more information.

Racing Free is an alliance of horse racing owners, breeders, trainers, jockeys and fans who support the elimination of dangerous and often illegal performance-enhancing drug use in U.S. horse racing. Its mission is to give owners and trainers who choose not to use performance-enhancing drugs a place to compete equally for the safety of the animal and the integrity of the sport of horse racing. For more information go to www.racingfree.com.



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America's Horse in Art

Save the date for the seventh annual America's Horse in Art Show & Sale at the American Quarter Horse Hall of Fame & Museum.

The American Quarter Horse Association, April 10, 2014 - America's Horse in Art returns to the American Quarter Horse Hall of Fame & Museum in Amarillo with a list of more than 45 world-renowned Western artists providing pieces for the seventh annual art show and sale. Mark your calendar now for the show's opening on August 16 or plan a trip to view this year's exhibit before it closes November 8. The signature piece for the 2014 show is an oil on canvas by renowned Western

artist Edgar Sotelo. The piece is titled "Sentinel." Sotelo, along with many of the contributing artists, will be at the opening, which is 6:30 to 8:30 p.m. on August 16 at the Hall of Fame. The event will feature live music, hors d'oeuvres and cocktails. Each piece of art – ranging from pencil drawings to sculptures – will be available for purchase on opening night. All remaining pieces not sold on opening night will be offered on a first-come,

first-served basis, beginning at 8 a.m. CDT on August 18. Art sales will be available online, by telephone at 806-376-5181 and by email at artshow@aqha.org. The purchased artwork will remain on exhibit until the show closes in November. Proceeds from the sale of the art go to the Hall of Fame to support its efforts to preserve the history of the American Quarter Horse. AQHA news and information is a service of the American Quarter Horse

Association. For more information, follow @AQHAnews on Twitter, watch the AQHA Newscast and visit www.aqha.com/news.

Founded in 1940, the American Quarter Horse Association is the largest equine breed organization in the world. With headquarters in Amarillo, Texas, AQHA has a membership of more than 270,000 people in 86 countries and has registered more than five million horses in 95 countries.

"The Black Maestro"

Continued from page 17

tation as a perfect gentleman on the ground, but a demon in the saddle.

All through World War I and the Bolshevik Revolution, racing in Russia continued and Wink stayed totally absorbed in his work. Winning was still what mattered most to him. Unfortunately, he invested his meager savings in bonds issued by the czarist government. When the Moscow track shut down in 1917, he left Alexandra and his son behind to follow racing to Odessa, a port on the Black Sea that was still held by the czarists.

Since 1915, the aging Frederick Jurjevich had managed the racing colony there. As the Bolshevik armies came closer and closer, he decided to try to save the entire racing colony of men, women, children, and horses. He led a trek first to Bucharest where the women and children could take a train to Warsaw. For the men and horses, the trek continued for another three months. They went on through Romania, Moldavia, and the tip of the Ukraine. Before they reached Warsaw, they had covered another eight hundred miles. Jurjevich became more and more frail during the trek and Wink took over many responsibilities for him. The horses were difficult to handle because they expected to be well fed. On the trek, they had to do without grain and live on grass. Of the two hundred and sixty race horses, only eight did not survive the trek.

During and after the Revolution, many Russians fled to Paris. Wink also went there and began looking for work. In 1920, Leon Mantachiff got himself, his family, and his horses out and established a stable at Chantilly. Wink soon began to ride for him. Baron Vladimir de Minkwitz also reached Paris with his family. His daughter Lydie still adored racing and

Wink. They married in 1922 and Lydie's father built a special home for them in Maisons-Laffitte. They had two children, Liliane and Robert.

Suddenly, Alexandra and George showed up in Paris. By then, Alexandra was no longer sane. Much to Wink's delight, George wanted to be a jockey. His career started well, but as he grew taller, he grew too heavy. He also suffered from tubular meningitis. As Wink's right eye got worse, he began slipping as a jockey and broke with Mantachiff. He had already started working on establishing himself as a trainer. In 1930, he saddled twenty-one winners and gave up race riding for good. By then, he had more than 2300 wins to his credit. He also claimed that he had had only five falls in thirty-two years of racing.

In 1931, two scandals broke out. A Hungarian woman, Clara Beatrice Haiman, claimed she had had Wink's child and tried to shoot him. A few days later, George's girlfriend stabbed him in a fit of anger. The long suffering Alexandra died in 1934 and George a year later. Wink wanted one of his sons to be a jockey and now he had to pin his hopes on Lydie's son, Robert.

Still absorbed in racing, Wink ignored the rise of the Nazis. Fortunately, in 1939 he sent his daughter to his niece in America. Liliane went to school there, married a successful doctor, and had three daughters. In 1940, one of his mistresses had twins, but Wink ignored them. The truth about the Nazis hit Wink just before they arrived to take over his stable and steal his horses. He took Lydie and Robert with him as he fled to the United States. When they arrived in New York, they had no money. Lydie found a job in a glove factory and Wink found one on a road

crew. Robert got a few jobs as jockey. Before he joined the armed forces, he found his father a job in a racing stable.

After the war, Wink trained and Robert rode out of the same stables. In 1953, they returned to their home in France and set up a training stable together. Wink always had had an eye for a good horse and could still spot potential when nobody else could see it. In 1956, Wink stopped riding and turned the stable over to Robert. When Lydie died in 1958, he began spending his winters in Lexington where he often gave interviews to reporters. In one of them, he said that he could not imagine life without horses.

In 1961, he got invited to the National Turf Writers annual dinner in Louisville. He took Liliane with him, but at first the doorman wouldn't let them in and then nobody would speak to them except Roscoe Goose, a white jockey. Wink grew increasingly frail and died on March 23, 1974. Thirty years later, in 2004, he was inducted into the Hall of Fame at the National Museum of Racing in Saratoga Springs, NY, the last black jockey to win the Kentucky Derby.

The son of freed slaves, Wink became one of the top jockeys of his time, married a Russian aristocrat, lived through the Russian Revolution and two world wars, and became fluent in six languages. He won the Kentucky Derby twice, the Russian Derby four times, the Czar's Prize three times, the Russian Oaks five times, and the Warsaw Derby twice. He successfully rode in Germany, and in France won the Prix President de la Republic, the Grand Prix of Deauville, and the Prix Eugene Adam. In 1901, his best year in the United States, Wink won 220 documented races, including the Clark Handicap, the

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Tennessee Derby, the Latonia Derby, the New Orleans Derby, as well as the Kentucky Derby. In 2005, the U.S. House of Representatives passed a resolution to honor Jimmy Winkfield, and the "Jimmy Winkfield Stakes" was established by the New York Racing Association. It runs yearly at Aqueduct Race in South Ozone Park, Queens, New York.

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