

Where there are rivers,  
There are valleys,  
There are horses,  
And ....



All Breeds,  
All Disciplines,  
All the Time

April 2010

# The Valley Equestrian

Your local resource for equestrian events, news and information. Newspaper

## *Fabulous Friesians!*



*New Monthly  
Feature:  
Farrier Tips  
from the  
Minnesota Farrier  
Association*

*Meet Friesian Breeder-  
Heather Bonser  
Wind Dancer Ranch of  
Cooper, Texas and  
Laurel, Montana*

*Beauty in Motion!*



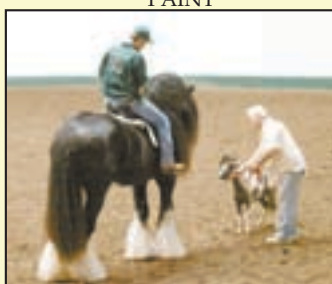
*Ed and Kendra:  
Still Gaming at  
30 Years Young*

*Inside:  
Dressage Defined: by  
Margo Brady  
and  
Saddling the Friesian by  
Cordia Pearson*



MINNESOTA HORSE EXPO  
BREED/REGISTRIES LIST

- \* AMERICAN BASHKIR CURLY
- \* AMERICAN INDIAN HORSE REGISTRY
- \* AMERICAN QUARTER HORSE
- \* ANDALUSIAN
- \* APPALOOSA
- \* ARABIAN
- \* BUCKSKIN
- \* CHINCOTEAGUE PONY
- \* COLONIAL SPANISH
- \* CLYDESDALE
- \* DONKEY
- \* FOUNDATION APPALOOSA
- \* FOUNDATION QUARTER HORSE
- \* FRIESIAN
- \* FRIESIAN BLOODHORSE
- \* FRIESIAN HERITAGE HORSE
- \* GYPSY
- \* GYPSY VANNER
- \* HAFLINGER
- \* HALF ARABIAN
- \* HALF MUSTANG
- \* HALF WELSH
- \* ICELANDIC
- \* INTERNATIONAL SPOTTED HORSE
- \* LUSITANO
- \* MINIATURE
- \* MORAB
- \* MORGAN
- \* MULE
- \* MUSTANG
- \* NOKOTA
- \* NORTH AMERICAN SPOTTED DRAFT HORSE REGISTRY
- \* NORWEGIAN FJORDS
- \* PAINT



- \* PASO FINO
- \* PATTERN SPORT HORSE
- \* PERCHERON
- \* PERUVIAN PASO
- \* PINTALOOSA
- \* PINTO
- \* PINTO DRAFT
- \* PINTO SADDLEBRED
- \* ROCKY MOUNTAIN
- \* SADDLEBRED
- \* SHETLAND
- \* SHIRE
- \* SPANISH MUSTANG
- \* TENNESSEE WALKING HORSE
- \* THOROUGHBRED
- \* WELARA
- \* WELSH

MN Horse Expo Tack and Clothing Sale  
Dairy Building at State Fair during Expo  
Sale Managed by the MN 4-H Horse Association

One of the Largest Tack Swaps in Minnesota with over 12,000 items sold in 2009.  
Proceeds going to the MN 4-H Horse Program.  
Sale Hours during MN Horse Expo:  
Friday and Saturday, 8:30 a.m. to 7 p.m.  
Sunday, 8:30 a.m. to 5 p.m.  
For information contact:  
Al Vandenberghe, (218)764-3351 or  
Curt Baumgart (320) 355-2142  
All consignments welcome for a 20 percent Consignment Fee

Shop over 600 Booths • See Horses from over 50 Breeds/Registries

# Minnesota Horse Expo 2010



IT'S THE 28th EXPO!

April 23 • 24 • 25

Sponsored by the Minnesota Horse Council

Minnesota State Fairgrounds  
1265 Snelling Avenue North, St. Paul MN

FRIDAY APRIL 23 8:30AM-9:30PM

9:00	Jay Henson Cutting	Coliseum
9:15-11:00	Stallion Presentations	Judging Arena
9:00	The Gelding Project	DNR Building
10:00	Lynn Palm-Brideless Riding	Coliseum
10:00	Animal Chiropractic	DNR Building
10:00	Vaccines for Equines	Ramberg Bldg.
10:00	12:00 2:00 4:00 Farrier Demos	Tent Nelson St.
11:00	Julie Goodnight-Despooking	Coliseum
11:00	Nicole Carswell - Gaited	Judging Arena
11:00	Performance Horse Nutrition	DNR Building
11:00	Careers in Equine Industry	Ramberg Bldg.
12:00	Parade of Breeds	Coliseum
12:00	Bits and Bitting - Dale Myler	DNR Building
1:00	Horseperson of the Year	Coliseum
1:00	Jay Henson - Conformation	Judging Arena
1:00	Nicole Carswell-Gaited Video	DNR Building
1:00	HomeBuyer 101	Ramberg Bldg.
1:05	Priefert Percheron Hitch	Coliseum
1:20	Lynn Palm Musical Ride	Coliseum
2:00	Andy Marcoux-Carriage Driving	Coliseum
2:00	Julie Goodnight-Riding Right	Judging Arena
2:00	Acupuncture	Horse Barn Ring
2:00	Trail Riding-Backyard to Badlands	DNR Building
3:00-6:00	Breed Demonstrations	Coliseum
3:00	Lynn Palm-Western Dressage	Judging Arena
3:00	Nutrients or ingredients?	DNR Building
3:00	Taxes, Zoning and Rights	Ramberg Bldg.
4:00	Nicole Carswell Gait Improvement	Judging Arena
4:00	Julie Goodnight	DNR Building
4:00	ADS, CAA & Local Driving	Ramberg Bldg.
5:00	Andy Marcoux-Driving 101	Judging Arena
5:00	Lynn Palm-Be Positive!	DNR Building
7:00	PRCA Dodge Rodeo	Coliseum

SUNDAY APRIL 25 8:30AM-5:00PM

8:45	Cowboy Church	Coliseum
10:00	Julie Goodnight Correct Canter	Coliseum
10:00-11:30	Stallion Presentations	Judging Arena
10:00 12:00 2:00	Farrier Demos	Tent Nelson St.
11:00	Lynn Palm - Hunter Training	Coliseum
11:00	Bits & Bitting Dale Myler	DNR Building
11:00	Facilities Management	Ramberg Bldg.
12:00	Parade of Breeds	Coliseum
12:00	Nicole Carswell Finished Horse	Judging Arena
12:00	Animal Chiropractic	DNR Building
12:00	Taxes, Zoning and Rights	Ramberg Bldg.
1:00	Horseperson of the Year	Coliseum
1:00	Andy Marcoux-Driven Dressage	Judging Arena
1:00	Trail Riding-Backyard to Badlands	DNR Building
1:00	Rehabilitating Unwanted Horse	Ramberg Bldg.
1:05	Priefert Percheron Hitch	Coliseum
1:20	Lynn Palm Musical Ride	Coliseum
2:00	Julie Goodnight-Riding Right	Judging Arena
2:00	Acupuncture	Horse Barn Ring
2:00	Nicole Carswell Walking Seat Equitation	DNR
2:00	ADS, CAA and Local Driving	Ramberg Bldg.
3:00	PRCA Dodge Rodeo	Coliseum
3:00	Lynn Palm	Judging Arena
3:00	Andy Marcoux-Proactive Driving™	Ramberg Bldg.
4:00	Horses at Expo Parade	Judson Avenue
5:00	Minnesota Horse Expo 2010 Ends	

SATURDAY APRIL 24 8:30AM-9:30PM

9:00	Julie Goodnight-Whoa Nellie!	Coliseum
9:00-11:00	Stallion Presentations	Judging Arena
9:00	Bits and Bitting - Dale Myler	DNR Building
9:00	Careers in Equine Industry	Ramberg Bldg.
10:00	Lynn Palm-Collection	Coliseum
10:00	Basic Equine Nutrition	DNR Building
10:00	12:00 2:00 4:00 Farrier Demos	Tent Nelson St.
11:00	Andy Marcoux - Arena Driving	Coliseum
11:00	Nicole Carswell - Gaited Riding	Judging Arena
11:00	Animal Chiropractic	DNR Building
11:00	HomeBuyer 101	Ramberg Bldg.
12:00	Parade of Breeds	Coliseum
12:00	Jay Henson - Ranch Riding	Judging Arena
12:00	Trail Riding-Backyard to Badlands	DNR Building
1:00	Horseperson of the Year	Coliseum
1:00	Andy Marcoux - Carriage Driving	Judging Arena
1:00	Are Supplements Necessary?	DNR Building
1:00	Unwanted Horse Behaviors	Ramberg Bldg.
1:05	Priefert Percheron Hitch	Coliseum
1:20	Lynn Palm Musical Ride	Coliseum
2:00	Jay Henson-Ranch Horse	Judging Arena
2:00	Acupuncture	Horse Barn Ring
2:00	ADS, CAA & Local Driving	DNR Building
2:00	Equine Dentistry	Ramberg Bldg.
3:00-6:00	Breed Demonstrations	Coliseum
3:00	Lynn Palm-Straightness/Bending	Judging Arena
3:00	Andy Marcoux - Driving Competition	DNR Bldg.
3:00	Taxes, Zoning and Rights	Ramberg Bldg.
4:00	Julie Goodnight - Riding Right	Judging Arena
4:00	Nicole Carswell - Correct Seat	DNR Building
4:00	Colic - No Guts, No Glory	Ramberg Bldg.
5:00	Jay Henson Ranch Trail	Judging Arena
5:00	Lynn Palm - The Mental Edge	DNR Bldg.
5:00	Foaling	Ramberg Bldg.
7:00	PRCA Dodge Rodeo	Coliseum
7:00	All Buildings but Horse Barn & Coliseum Close	

3 PRCA RODEOS AT EXPO  
ALL SEATS ARE RESERVED!



Friday 7:00 PM  
Saturday 7:00 PM  
Sunday 3:00 PM

\$10 Box Seats  
\$8 Sections 1-3, 13-15  
\$6 Sections 16-28  
\$4 Sections 4-12

Plus Expo Daily Admission  
Advance ticket form:  
www.mnhorseexpo.org  
Rodeo Tickets sold at Coliseum during Expo  
Expo information 877-462-8758

Daily Expo Admission  
\$9 Ages 13-41  
\$6 Seniors  
\$4 Ages 6-12  
FREE Ages 5 and under  
FREE FAIR PARKING

Hours  
Friday 8:30 am-9:30 pm  
Sat: 8:30 am-9:30 pm  
Sun: 8:30 am-5:00 pm  
Cattle, Poultry, Sheep, Barn, Dairy and CHS Building  
Close at 7pm Fri & Sat

Volunteer with a group or as an individual.  
For details call Missie at 952-451-9581

Lynn Palm is a pioneer among women in the horse industry. For more than 30 years, Lynn Palm has championed the partnership of horse and rider, bringing her unique perspective to hundreds of thousands of horse enthusiasts around the world. Lynn's demos and all Expo presenters are included in daily Expo admission.



Julie Goodnight teaches riders how to be their horse's leader and to excel in whichever equestrian sport they choose. Julie is now best known for her award-winning television show airing weekly on RFD-TV- Horse Master with Julie Goodnight. Catch Julie's demos all three days and visit her at her booth.

Andy Marcoux has been professionally training and driving carriage horses of all breeds and descriptions for over 15 years, is a recognized judge for The American Driving Society for the sport of Combined Driving and an evaluator for the CAA Carriage Driver Proficiency Program.



Jay Henson's interest in coaching ranch horse versatility competitors and helping train their horses is a perfect fit for him because it combines all the aspects of what he expects a good horse to be: well rounded. Watch as Jay demonstrates the horsemanship skills that can make every horse and rider more versatile.

Nicole Carswell's goal is to help the "at home and alone" riders of Gaited horses succeed in their pursuit of finding and maintaining gait. Nicole is author of "A Matter Of Pride", the video, "Equitation and Showing Presentation", and the new book/DVD Teach Your Horse To Park.



Priefert Percherons at Expo & Rodeo  
Used Tack and Clothing Consignment Sale  
Info at 320-355-2142  
U of M Equine Center tours Friday & Saturday  
Visit Priefert Percheron tent on Judson & Nelson  
Free craft projects for the kids in Sheep Barn  
Free horse, pony, and carriage rides

This schedule is partial and subject to change!  
Visit www.mnhorseexpo.org for more detail/updates.



# Brand Your Business

## Advertise in The Valley Equestrian Newspaper

### It Makes Horse Sense!

**Distributed** to more than 300 locations  
in 21 states and growing monthly!



**More** than 40,000 avid readers across the USA!

**More** than 10,000 cover-to-cover online readers  
each month!

**Great** advertising rates. Send your ad copy or let one  
of our professionals help you design it.

**New** 8 month ad being offered with an editorial  
feature about your business.

**Original** content, live coverage of equestrian events,  
human interest stories, writers from many segments  
of the horse industry, beautiful photography, equestrian  
fine art!

*"I'm really pleased with the content of the newspaper.  
It's just like visiting with neighbors without going anywhere."*

**Victor Wolf**

Colorado Representative - American Indian Horse Registry

*"It has been our pleasure to advertise in the VE, as they began small and have grown  
great strides - just as our program has. The information content in the VE is well  
rounded and useful in many ways."*

**Bette Shipley**

Executive Director - Riding on Angel's Wings, Therapeutic Horseback Riding



Where there are rivers,  
There are valleys,  
There are horses,  
And...

**Your local resource for equestrian  
events, news and information**

# The Valley Equestrian Newspaper

**Call one of our Sales Managers TODAY!**

**Tammy Finney**  
218-790-6056  
RR3500@aol.com

**Carolyn Ballard**  
218-790-5015  
carolynmhd@aol.com

**Mary Gault**  
218-236-0531

maryegault@earthlink.net

**Shari Knudson**  
218-385-3835

cowboyleather2@yahoo.com

**Visit our website at: [www.theveonline.com](http://www.theveonline.com)**

The Valley Equestrian Newspaper, published by LeKreations LLC



## The Valley Equestrian

Box 64  
Sabin, MN 56580  
theVEnews@gmail.com

Owner/Publisher/Editor  
Ley Bouchard  
leybou@gmail.com  
(701) 361.8648

Regional Sales Manager/  
Creative Consultant  
Tammy Finney  
RR3500@aol.com  
(218) 790.6056

Regional Sales Managers  
Carolyn Ballard  
carolynmhd@aol.com  
(218) 790.5015

Mary E.Gault  
(218) 236-0531  
MaryEGault@earthlink.net

Shari Knudson  
(218) 385-3835  
cowboyleather2@yahoo.com

Distribution Directors  
Shawn Dietrich, Fargo, N.D.

Contributing Writers  
Orv Alvshere  
Margo Brady  
Pam Del Vecchio  
Julie Penshorn  
Katherine Thompson  
Bob Valentine, Ph.D.

The Valley Equestrian is  
published monthly April  
through October and bi-monthly  
November through February.

Copyright © 2010  
LeKreations LLC  
All Rights Reserved  
The Valley Equestrian

### About the Cover

The Friesian Horse Society (see article on page 10) graciously furnished three of the cover photos for the Fabulous Friesians feature this month. Throughout the issue you will learn about Friesian horses and see stunning photography of Friesians taken by owners, breeders, photographers and trainers. Read Margo Brady's column "Dressage Defined" for a bit of history and interesting information about the breed. We highlight a breeder, Heather Bonser, photographed on her Friesian (top right cover photo) in our regular feature "Living the Dream" on page 19. Our "Saddlefitter" Cordia Pearson talks about her experiences with saddling the Friesian on page 10.

We hope you enjoy the images and articles highlighting a magnificent breed of horse, the Friesian!



Sure sign of spring: a mare and foal owned by Karen Oren of Borup, Minn. enjoy the sunshine and warming weather.

### What's Inside This Issue?

Page 6: U of MN Crookston Equestrian Team Shows Strong Regionally

Page 7: Mind Your Own Business - by Bob Valentine

Page 8: Horses as Our Teachers by K. Thompson

Page 9: Farrier Tip-of-the-Month  
Redemption's Co-Ed: An Oldest Horse Story  
Women to Know in the Horse Industry

Page 10: Saddling the Friesian  
The Friesian Horse Society

Page 11: Dressage Defined: Friesians

Page 12: The Leading Edge: Progressive Approaches to Horses & Riding

Page 13: Cowboy Poetry

Page 14: April Events

Page 15: Central MN Horse Fest Photo Highlights

Page 18: Classifieds

Page 19: Living the Dream: Heather Bonser of Wind Dancer Ranch



Kendra Schultz on "Ed" our favorite "old" horse for this issue (page 9).



Grant Daniel rides in the MCHA March Madness Cutting event March 14 at RHR Arena in Fergus Falls, Minn.

#### New Distribution Sites for The Valley Equestrian Newspaper

Legacy Feed - Meridian Idaho  
Tack West - Temecula Calif.  
Parrish General - Parrish Florida.  
Come See Come Save - Brandeton, Florida  
Don's Feed - Lexington, Texas  
Vehige's Enterprise - Foristell, Missouri  
Horses R Us - Kahului, Hawaii  
Widdes Feed & Farm - Esko, Minn.  
Big R Stores - Pueblo, Colorado  
Black Birch Ranch & Tack Shop - Embarrass, Minn.

The Valley Equestrian, printed monthly, welcomes free-lance articles, cartoons, artwork, poems, photographs, etc. that we might use in the publication. We accept no responsibility for the material while in our hands. Materials will be returned if sent with a self-addressed, stamped envelope. Photographs or graphics electronically submitted should be in color and must be at least 170 DPI resolution and four inches wide.

Copyright Notice: The Valley Equestrian is copyrighted and protected by federal copyright law. No material may be copied, faxed, electronically transmitted or otherwise used without our express written permission. Requests for reprinting must be submitted in writing to the editor.

Disclaimer: Articles that appear in The Valley Equestrian do not necessarily reflect the views of the editorial staff, officers or employees and publication of any article does not constitute endorsement of the views expressed. Accuracy of all information is the responsibility of the authors. Advertisements published in The Valley Equestrian do not constitute endorsement or recommendation of such product or service. The Valley Equestrian does not condone the alteration of horses in any photograph that appears in advertisements in the newspaper and accepts no responsibility for the accuracy of the photographs used in the advertisements supplied by others than its own staff. The onus is on the reader to satisfy themselves about the appearance or conformation of a horse before making a financial decision.

Errors: The Valley Equestrian newspaper shall be responsible for errors or omissions in connection with an advertisement only to the extent of the space covered by the error.

### ADVERTISER'S INDEX

Advertiser	Page No.
Ashley Peterson Horse Training	Page 16
Blairview Saddle Shop	Page 16
Brady Equestrian Center	Page 20
CoverAll Buildings	Page 15
Cowboy Leather	Page 14
Creek Side Gypsy Horses	Page 17
Danna's Miniatures	Page 9
Dun Haven Horsey Headwear	Page 10
EquineGenie	Page 7
Fleet Supply	Page 16
Folsom's East Forks Quarter Horses	Page 6
Gypsy Lane's Elegant Tinker	Page 5
J&S Farmer's Mill	Page 13
Katherine Thompson	Page 12
Little Bit Equine Massage Therapy	Page 16
Minnesota Equifest	Page 3
Minnesota Horse Council	Page 10 & 14
Minnesota Horse Expo	Page 2
Minnesota School of Horseshoeing	Page 16
MN State Comm.College-Fergus Falls	Page 11
Montana Buck-Saw Condo	Page 12
Pifer's	Page 5
Rainbow's End	Page 12
Red River Valley Horse Fair	Page 5
Roger Berg Insurance	Page 7
The Saddlefitter	Page 9
Saddle Shack	Page 5
Schatzlein's Saddle Shop	Page 9
Sunborn Stables	Page 15
The Outhouse Book	Page 6





2010

RED RIVER VALLEY



EST. 2010  
May 8-9 Starting at 9 a.m.  
Special Guest Jeff Spencer  
and Lynn Gunderson  
Gate Admission: \$5/day  
6 and under FREE

- Vendors
- Clinicians
- Speakers
- Demonstrations
- New and Used Tack Swap
- Parade of Breeds
- Presentation of Stallions
- WSCA Open Horse Shows  
with Judge Michael Saterbek

For more information visit  
www.redrivervalleyfair.com  
Or Call: (701) 282-2200

You are invited to  
attend an  
Informational Meeting  
about the  
Red River Valley  
Equestrian Center



Saturday, May 1, 2010

4-6 p.m.

Informational Meeting  
starts at 4 p.m.  
at the  
University of MN,  
Crookston Horse Arena  
(UTOC)

At 5:30 we will drive  
over to the Winter  
Shows Building for a  
tour.

Any Questions Please  
Contact:  
Nicky Overgaard at  
novergaa@umn.edu  
or 218-289-4469

# Pifer's

## Farmstead For Sale

Otter Tail County, MN  
5, 10 or 15 Acres  
Near Pelican Rapids, MN  
Bordering Maplewood Park

### Great For Horses! Access off of Hwy 108!

Beautiful property in Lakes Area  
featuring a nice home, garage, barn,  
and shed. Barn is set up with three  
horse stalls and room for more, tack  
room, hay loft, heated office/shop,  
and large storage area. Horses have  
easy access to the barn. Nice pasture  
for horses or cattle with great three  
strand electric fencing, corral, and  
automatic waterer.

### PRICE:

5 acres for \$199,000 or an  
additional five or ten acres for  
\$3,000/acre.

Beautiful riding area in and around  
Maplewood Park & Lakes Areas!



For More Information contact  
Bob Pifer at 701.371.8538!

www.pifers.com

Visit us and sign up for a free drawing  
of a one-year subscription to the  
Valley Equestrian Newspaper  
at the MN Horse Expo, April 23-25,  
at the MN State Fairgrounds in St. Paul.

Find us in  
the Poultry  
Barn  
Booth D607

## SADDLE SHACK

Full Line of New & Used Saddles & Tack  
Quality Leather Repair



6420 HWY 180 E  
Anson TX 79501

325-823-4046



Tracy Barton cutting at the MCHA March  
Madness March 14 at Red Horse Ranch  
Arena in Fergus Falls, Minn.

View more VE photography  
at our web site:  
www.theveonline.com

**For Sale:** Gypsy Lane's Elegant Tinker



DOB: 4/3/08 Registered GHRA  
2010 2nd Place • Born in the USA  
Broken color mare out of 22 at  
Gypsy Horse World Show. 2009  
Oklahoma State Fair Gypsy Show -  
Reserve Champion Mare as a  
yearling - always a ribbon winner.  
Call Sue @ 325-823-2428 or  
email: susan@gypsylanetx.com

www.gypsylanetx.com

\$18,000.



# ★ WANTED ★

**Mares for 2010 Breeding Season**  
**SERIOUS ABOUT WORKING**  
**COW HORSES?**

**"CHEX" HIM OUT!**

*An own son of  
Nu Peppy Chex,  
multi world  
championships,  
world champion sire*



*Stud Fee  
\$400*

**Standing at:**

**Folsom's East Forks  
Quarter Horses**



"Willingness, brains, confirmation... this colt has it all! I've trained thousands of colts and he's the nicest I've ever started."

Andy Hansen, Trainer  
Hansen Performance Horses  
Joice, Iowa

**Know your ABC's - Ability, Brains, Confirmation**

**These colts have it all!**



**53038 US Highway 14**  
**Courtland, Minn. 56021**  
**(507) 359-2875**  
**brookh33@hotmail.com**

## U OF M, CROOKSTON EQUESTRIAN TEAMS SHOW STRONG AT REGIONAL COMPETITION

(Crookston, Minn.)- The University of Minnesota, Crookston Hunt Seat and Western Equestrian teams could not have had a better venue to showcase their talents last weekend. The Golden Eagles hosted the regional competition at the University Teaching and Outreach Center (UTOOC) on the University of Minnesota, Crookston campus and did not disappoint.

The Hunt Seat team had a very successful regional championship competition. Nicole Veres (Sr, Random Lake, Wis.) was the reserve champion in both Intermediate Equitation Over Fences and Intermediate Equitation on the Flat. This gave her a spot at the Zone Finals in both jumping and on the flat. "This was such a huge success to qualify both on the flat and over fences," says Golden Eagle Head Coach Brooke Leininger. "I couldn't be more proud of Nicole." In Novice Equitation Over Fences, all three of the U of M, Crookston qualified riders made it back to the final call-back. These three riders were Sara Wells (Sr, Calgary, Alberta), Lauren Snively (So, Herndon, Vir.) and Heather Fogelson (So, Grant, Minn.). In the end, Lauren Snively was the champion and Heather Fogelson was reserve champion which qualified both of them for the Zone Finals. "I am very excited to have the University of Minnesota, Crookston take the top two spots in Novice Jumping, which is a very competitive division," says Coach Leininger. Jessica Charles (Fr, Belgrade Lakes, Maine) was the champion on Walk-Trot-Canter. "Jessica overcame great odds to win this class of 19 riders and really deserved it" says Coach Leininger.

The team, which qualified for Zone Finals in DeKalb, Ill. on April 10-11, will be made up of the following riders:

Jessica Biddle (Sr, Elburn, Ill.) - Open Equitation Over Fences and Open Equitation on the Flat  
 Sara Wells (Sr, Calgary, Alberta) - Intermediate Equitation Over Fences and Intermediate Equitation on the Flat  
 Jessica Charles (Fr, Belgrade Lakes, Maine) - Novice Equitation on the Flat  
 April Jordan (Fr, Beaver Dam, Wis.) - Novice Equitation Over Fences  
 Katelyn Mueller (So, Belle Plaine, Minn.) - Walk-Trot-Canter  
 Anna Steen (So, Hanover, Minn.) - Walk-Trot

Individuals that qualified for the Zone Finals and will be representing UMC:

Nicole Veres (Sr, Random Lake, Minn.) - Intermediate Equitation Over Fences and Intermediate Equitation on the Flat  
 Heather Fogelson (So, Grant, Minn.) - Novice

Equitation Over Fences  
 Lauren Snively (So, Herndon, Vir.) - Novice Equitation Over Fences  
 Jessica Charles (Fr, Belgrade Lake, Maine) - Walk-Trot-Canter

The Western team finished the season with several riders qualifying to advance to the Intercollegiate Horse Show Association (IHSA) National Semifinals March 27 - 28 in Pomona, California. Tandra Klein (Jr, Hazen, N.D.) started the day finishing as Reserve Champion in the Reining with a solid ride. Shortly thereafter, Amanda Peterson (Sr, Rochester, Minn.) took the Open Horsemanship Class. A difficult Advanced Horsemanship Class saw Tandra Klein finishing fourth and Kayla Klein (Jr, Hazen, N.D.) finishing sixth. In the Novice Class, Kaitlyn Tollefsrud (So, Hawley, Minn.) remained tough capturing the Reserve Championship ribbon with a great performance. Becky Rhodus (Jr, Kansas City, Missouri) also took third place. A very large class of Intermediate riders with several ride-offs found Megan Kramer



(So, Owatonna, Minn.) returning to the finals and unfortunately not getting into the top six. Finally, Anna Steen (So, Hanover, Minn.) had a great ride and took third in the Beginner Class. Due to the fact that the first place rider of that class is unable to attend semifinals, Steen will take her spot and continue on to the semifinals.

Tandra Klein, Peterson, Tollefsrud and Steen will move on to compete at the semifinals as individuals and will also ride in separate classes as team riders. The team members that vied for positions to go to semifinals with the team are as follows: Reining - Tandra Klein; Open - Amanda Peterson; Advanced - Kaitlyn Tollefsrud; Novice - Kayla Krueger (Fr, Walker, Minn.); Intermediate - Anna Steen; and in the Beginner, Lisa Schabo (Jr, Appleton, Minn.).

"I am so proud of how all of the ladies rode this past weekend," says Golden Eagle Western Coach Nicky Overgaard. "Not only did they work hard all season, but they truly came together to work as a team. When you have team unity, great things can and do happen!"

For more information, visit the Golden Eagle Athletics Web site at <http://www.goldeneaglesports.com/>.



**The Outhouse**  
**Life On The Farm With Emily**



[WWW.EMILYSOUTHHOUSEBOOK.COM](http://WWW.EMILYSOUTHHOUSEBOOK.COM)

- 1 - View web site
- 2 - Order book
- 3 - Laugh until the cows come home!

**Tammy J. Finney**  
 emilysouthhouse@aol.com  
**218-790-6056**



## MIND YOUR OWN BUSINESS:

THINK - PLAN - ORGANIZE - EXECUTE - MAKE/SAVE MONEY

In this column we will discuss identifying specific current asset accounts that reflect how we want to measure our horse business.

In previous columns we have discussed primary account categories that are used in a business's financial statements and to a limited extent, the type of information that is contained in these categories. It is now time to get specific so that we know how we are tracking our money, where we are spending it, if we are getting the results we expect and how we can make improvements. Having this detail will let us know what changes we need to make, if any, to better manage our business.

We have previously discussed Current Assets. Current Assets are Cash (real money), Credit Cards (virtual cash - be careful, your credit cards have to be paid off) and those assets that are expected to be turned into cash in the next 12 months. Our Cash Accounts are our most liquid Current Assets. Our Cash Accounts are Checking Account, Saving Account and Credit Cards - yes credit cards are considered cash. It is recommended that you keep your business separate from your personal financials. Therefore, you should have separate checking, saving and credit card accounts for your horse business. This avoids any questions about comingling your financials if you are audited by the IRS. I do not recommend multiple checking accounts unless they are specific to a particular area of your business that is financially unique to any other area. By defining subaccounts within an account you can get the measurement and management you need with one checking account.

The next level of Current Assets is Investments and Receivables. Investments are generally certificates of deposits and money market accounts. Your Receivable Account is the money owed to you by your customers for products or services. You should consider having a receivable subaccount for each customer so that you can measure the cost of acquiring and keeping a customer. Many times we neglect to consider the true cost of a customer. You may think a customer is providing profit to your business when they are not. High maintenance customers can be expensive. You will not realize it unless you are comparing the income you get with the expense associated with acquiring and keeping a customer. We will explore this further once we have our customer expense accounts and subaccounts identified. Knowing the cost associated with a non profitable customer will give you the opportunity to correct the problem, keep the customer and make the relationship profitable. The rule of thumb is that it cost ten times more to get a new customer than it does to keep the one you have. Investment and Receivables are relatively liquid. However, when assessing their liquidity you need to consider all the cost associated with converting them to cash. You definitely need to be aware of the cost if you are liquidating an investment. Many investments have an early withdrawal penalty and some have significant tax consequences. The liquidity of your receivables is tied to the payment terms you give your customers. There is also the risk associated with slow paying customer and customers that do not pay at all. You need to be careful if you are depending on your customers for quick cash. Some customers may be willing to pay early, but at a significant discount. In future columns we will explore the measurement and decision process associated with receivables turnover and days sales outstanding, commonly referred to DSO. Strict adherence to the 'horsemen's ratio' (August 2009 Column) will help keep your cost for cash minimized. I am sure you have heard the expression, 'collect in 10

and pay in 90'.

The last Current Asset we will explore is Inventory. Inventory is the least liquid of all the Current Assets. Frankly, Inventory is evil. It is 'cash at rest' and if it can spoil or is subject to poor management and waste it is 'cash in comatose'. Turning inventory into cash is very difficult and can be costly - 10 cents on the dollar. Good inventory management is essential. Good inventory management can significantly help your available cash and profitability. Inventory can be divided into supplies and material. The difference being supplies are generally less expensive and are consumed more quickly where material inventory is more expensive and consumed over a longer period of time. Supplies examples are reproduction pipettes, sterile gloves, vaccines, etc. Materials are forages, grain, supplements, etc. You need to account for both supplies and materials. If you do not believe it just run out of something when you are breeding a mare or vaccinating your herd. Inventory accounts and subaccounts should be setup to match what you think

will benefit the operation and financial management of your business. A good horse management and business system is recommended for inventory control. Although an Excel spreadsheet will work for listing your inventory it does not provide the decision capability necessary to manage replenishment and cash minimization. The majority of accounting programs fall short in managing inventory. Knowing how much you have on hand is not management. In future columns we will explore the measurement and decision process associated with how to value inventory, inventory turnover and days inventory on hand.

In our next column we will work on defining the accounts and subaccounts associated with our Fixed Assets. Remember, you need to make sure all your fixed assets are producing, and furthermore producing at a level where they are providing you with a Return on Investment (ROI), (September 2009 Column). I suggest you list all your current assets by cash accounts, investments, receivables and inventory classifications. Then think about the management time and expense associated with each one. Is there anything that can be eliminated, adjusted or improved? Remember, spending your time and money wisely may provide the opportunity to enjoy your business more while making more money. Think - plan - organize - execute - make/save money.

*Bob Valentine, Ph.D. is the President of GenieCo, Inc. and Professor of Equine Business at Colorado State University. He may be reached at 1.888.678.4364 or via email at: bob@genieatwork.com. Get more information and see the products available at: www.equinegenie.com.*



## NRHA Legend Dale Wilkinson Dies

Oklahoma City, Oklahoma - Dale Wilkinson, whose name is synonymous with the sport of Reining and known to many as the "Father of Modern Day Reining," passed away March 11 in Georgia. He was recovering from recent hip surgery and was on dialysis in Augusta. He was 84.

Wilkinson was honored in 1986 as the first inductee to the NRHA Hall of Fame for his many accomplishments such as the winner of the first NRHA Futurity in 1966 aboard Pocorochie Bo. He was also an AQHA and NCHA Hall of Fame inductee and the only rider to win both the NRHA Futurity and NCHA Futurity. With all his accomplishments, he is probably best known as a mentor to many of today's top trainers. He took the education of horsemen and women to a new level when he became the founder and developer of the University of Findlay's horse program. In 2005, the University recognized Wilkinson by naming an indoor arena in his honor. The arena was one of the original buildings Dale built when he started working with the University in 1976.

## AHC RELEASES REPORT ON EQUESTRIAN ACCESS

The American Horse Council released its 2009 Report on Equestrian Access on Federal Land. The 2009 report is intended to provide a brief overview of the responses the AHC received from equestrians to its ongoing access survey in 2009. The report can be viewed and downloaded on the AHC's website at: [https://www.horsecouncil.org//images/2009\\_ReportEqAccessFed-Land.pdf](https://www.horsecouncil.org//images/2009_ReportEqAccessFed-Land.pdf).

In July of 2009 the American Horse Council launched an effort to collect information regarding equestrian access issues on federal lands. This effort was prompted by a growing concern among recreational riders around the country that they were seeing a reduction in the number of trails and trail heads open to equestrians on federal land.

The center piece of this effort has been an AHC online form riders can use to report their personal experiences regarding trails on federal lands that have been closed to them or other access issues. This online form is located at: <https://www.horsecouncil.org/survey.php>.

Hundreds of thousands of Americans use horses and pack stock to enjoy America's great outdoors each year. However, it is an experience that cannot be enjoyed without access to public land, trail systems, and trailheads.

"The AHC will use this report to illustrate some of the challenges facing recreational riders," said AHC President Jay Hickey. "Our federal land managers work hard to provide recreational opportunities and we need to make sure they have adequate resource and equestrians need to work with them at all levels. However, sometimes there are issues and conflicts that need to be documented and brought to their attention. This report is just one part of our efforts to ensure equestrians continue to have recreational opportunities on federal land.

The AHC asks all recreational riders to visit the AHC website and continue to report any access issues they have had using this electronic form <https://www.horsecouncil.org/survey.php>.

INSURING  
YOU AND YOUR HORSES  
ROGER BERG



(320) 230-4400 or (866) 230-4404

SERVING MINNESOTA AND WESTERN WISCONSIN  
STABLES • FARMS • ARENAS • HORSES  
BOARDING • TRAINING • EVENTS • CLUBS



## HORSES AS OUR TEACHERS

### Times, They Are A-Changin'

By Katherine Thompson

Last month I was one of several presenters at the Rocky Mountain Horse Expo. As such, what I had to offer was not a traditional demonstration of horsemanship techniques as is usually offered, but rather a presentation of how anyone can do a physical assessment of a horse from a non-physical, energetic perspective. And while that may, to some people, be a vague definition, (and in fact there was much more to it) audience participation and attendance proved that a lot of horse enthusiasts were on the same page with me. I can't resist commenting on how much things have changed since I first began participating in these shows almost 15 years ago.

Not only has the collective consciousness of the world shifted a great deal, but the consciousness of many horsemen/women has followed suit. People's openness and eagerness to learn and share their own psychic experiences was noteworthy. Many thanked me for contributing my experience and knowledge at such a venue. To tell you the truth, it was all great fun for me! I truly believe it's my job to stir things up and challenge people to stretch their imagination and beliefs. While there will always be those who stick hard and fast to traditionally rigid belief systems, more are letting go of perceptions that no longer serve them during this great shift in consciousness that is taking place.

One beautiful young woman attended all four of my presentations, and afterwards, she came to my booth, sat down, and burst into tears. She couldn't understand why she was having that reaction by simply coming to talk to me. But I know it well; it happens at almost every show I do. She was releasing all that repressed emotion that had resulted from being told all her life that she was not OK because she could see and feel things most people can't accept. By giving myself permission to do what I do, I was not only giving her permission to fully embrace who she is, but I was giving her a momentary safe place to be herself. It's always helped me to be amused at some of the responses I get from others, rather than take offense. And trust me: I've been on the receiving end of a lot of not-so-nice reactions.

There was a man who came to see me and said, "You have to be walking the loneliest, most solitary path a person can choose to take." Well, yes, at times that

is true. But the rewards are starting to override that fact.

It's a standing joke that when I started reading as a psychic and a healer at Equitana USA in Louisville, Kentucky, back in 1997, I could have had a banner hanging in the back of my booth stating my sexual preferences, and not have alienated people more than I did by announcing myself as a clairvoyant healer. Most people didn't know what that even meant at the time. Now, they're more educated, and they want to learn more. There is much less fear surrounding the topics I discuss and demonstrate. I don't get burned at the stake as often anymore - figuratively speaking, of course.

I'm not teaching rocket science here, by any means, but energy work is not witchcraft either. Scientists know there is a strong link between quantum physics and metaphysics; the two are no longer believed to be separate in the scientific world. Everything in this dimension of form is energy, and it can be detected, moved, and changed very quickly, not only on a physical level but, more importantly, on an emotional level. And make no mistake about this: horses are very emotional creatures.

So, why has this shift in people's attitudes happened? Because time and dimensional structures are changing; that is the shortest, simplest answer I can give you. I will go into this concept a little more in-depth in later articles, and in the presentations and workshops I teach. There is sound scientific evidence to back it up.

There is a very definite purpose in this big change in people's attitudes, perceptions, and belief systems. Our relationship to and with our animals is going to change vastly; it's already happening, right along with all the other obvious things that are changing in our world. More horse people are now aware of the profound emotional connection and spiritual relationship they have to their animals.

As one very well-known clinician put it to me, "The day of the macho cowboy is over," and that person is as cowboy as they come! My comment: While we may all still wear the same hats, we are not and will never be the same again. That is a given.

Can't wait to see you at the 2010 Minnesota Horse Expo, at the Valley Equestrian News booth in the Poultry Barn April 23-25! Come and visit us!

## ANIMAL WELFARE COUNCIL JOINS UNWANTED HORSE COALITION

Washington, DC - March 25, 2010. The Unwanted Horse Coalition (UHC) announces the addition of another new member, The Animal Welfare Council (AWC).

The AWC, a non-profit organization with membership compromised of businesses and organizations involved in caring for animals in recreation, entertainment, sport and industry. The AWC provides a unified voice through these members for those in the industry who enjoy riding, showing, owning and interacting with animals. The mission of the AWC is to support the use of animals in recreation, entertainment, industry and sports while dedicating themselves to the responsible and humane care and use of animals in all activities. While preserving this mission, the AWC commits to preserving the interaction between animals and humans and educations the public concerning the care and treatment of animals involved in all AWC activities.

"The Animal Welfare Council is pleased to join the Unwanted Horse Coalition and assist in the educational efforts about unwanted horses in the United States and to work with the horse industry on possible solutions," said Cindy Schonholtz, President of the AWC.

### FREE Advertising of Your Events!

Send your event info to:

The Valley Equestrian via email:

theVENews@gmail.com

*Katherine Thompson has over 25 years of experience as a professional licensed race horse trainer and owner, with several wins and track records to her credit. She grew up in the livestock business on a family owned cattle ranch, and has managed and owned lay-up, breeding and training facilities for horses. In 1997 she retired from the racetrack and began traveling, lecturing, and teaching as an animal communicator and clairvoyant healer. She has been a presenter at many of the major horse expos during the past 14 years, is the author of one book and currently writing another. See her website at [www.katherinethompson.net](http://www.katherinethompson.net), email her at [kwinginit@isp.com](mailto:kwinginit@isp.com), or call 916-770-9376.*

## EXPERIENCE EQUINE DIVERSITY AT THE MINNESOTA HORSE EXPO APRIL 23-25

Experience the equine diversity displayed by 300 horses from over 50 breeds and registries April 23-25 at the 28th Minnesota Horse Expo sponsored by the Minnesota Horse Council at the Minnesota State Fairgrounds in St. Paul. See Friesians, Peruvians, Arabians, Clydesdales, Tennessee Walkers, Nokotas, Haflingers, Gypsy Vanners, Norwegian Fjords, Miniatures, Mustangs and many more horses perform during the daily Parade of Breeds, Stallion Presentations and Breed demonstrations. Follow up with conversations in the Horse Barn at the stalls with the owners/trainers. Horse Expo is the place to share information and ideas about horse owning, care, training and use and get answers that work for you.

Julie Goodnight, Lynn Palm, Andy Marcoux, Nicole Carswell and Jay Henson headline with topics and demonstrations unique to their experience and backgrounds. RFD-TV's Julie Goodnight will concentrate in part on despooping and riding scary trail obstacles, doing an all-discipline, all-breed analysis of horse/rider suitability, tack, equipment, analyzing rider position and improving balance, slowing down speed demons, and cueing correctly. Lynn Palm riding Rugged Painted Lark will perform a bridleless musical ride each day and explain the fun and benefits of riding bridleless and how to put together a routine to music, demonstrate the similarities of training with dressage principles for both Western and English riding, improve your hunter training, collection and more. Andy Marcoux will provide insight into the training and outfitting for the sports of carriage driving with demonstrations of carriage driving 101, driven dressage, and arena driving trials. Nicole Carswell will address gaited horse topics from gait improvement to the correct seat for gaited horse riders. Jay Henson and riders from the NVRHA Northern Lights affiliate will explain and demonstrate National Versatility Ranch Horse Association's five events:

Ranch Conformation, Ranch Riding, Ranch Trail, Working Ranch, and Ranch Cutting. In addition to the arena demonstrations in the Coliseum and the Nutrena Judging Arena, many topics from trail riding to nutrition to buying horse properties will be presented in the speaker areas. For all the schedule info visit [www.mnhorseexpo.org](http://www.mnhorseexpo.org)

Glen Eaton, long standing exhibit director for the Minnesota Horse Expo, has put together a most diverse list of equine related vendors. With more than 600 booths in 5 different State Fair buildings and more lining the streets, the Minnesota Horse Expo makes shopping for equipment, products and services an efficient, money saving experience. Although some Expo buildings are full, call Glen (1-877-462-8758) for information about remaining booth vendor opportunities at this year's Expo or to get info for next year.

Three PRCA rodeos, the Priefert Percheron Hitch, the huge consignment used tack and clothing sale managed by the Minnesota 4-H Horse Association in the Dairy Building, the free horse, pony and carriage rides, Friday and Saturday tours of the University of Minnesota Equine Center combine to create an atmosphere of diverse equine experience for all who come. Last year close to 50,000 experienced the MN Horse Expo and what it had to offer. Money raised by the event is used by the Minnesota Horse Council in a variety of ways to benefit the state's equine industry. For more info, visit [www.mnhorsecouncil.org](http://www.mnhorsecouncil.org)

Expo daily admission is \$9 for ages 13-61, \$6 for ages 6-12 and seniors 62 and over, no charge for children 5 and under. Rodeo admission is in addition to Expo admission and ranges from \$4-\$10 for reserved seats. Parking in the MN State Fair lots is free. For directions or any additional info, contact us toll free at 877-462-8758 or visit the constantly updated [www.mnhorseexpo.org](http://www.mnhorseexpo.org).

ADVERTISE IN PRINT AND ONLINE

IN THE VE!

Call Mary Gault at (218) 236-0531 or

Shari Knudson at (218) 385-3835



## FARRIER TIP=OF=THE=MONTH

Presented by the Minnesota Farriers Association  
Central Sulcus Thrush

Central Sulcus Thrush affects the back center area of the frog.

When dealing with central sulcus thrush, it is best to put away the hoof pick. Instead floss the sulcus with strips of clean cheese cloth or flour sack material. This will be far more effective than using a pick and have much less potential for damaging or irritating healthy sensitive tissue.

If you find that you are continually treating thrush and can not return the frog

to healthy tissue, you should consult with your vet for a new treatment. Follow through with the treatment plan until all signs of thrush are gone. Thrush can lead to serious lameness problems if left untreated!

If you have any questions or need more information, please contact the: Minnesota Farriers Association: Terry Dokken CF, President, MNFA at: [www.minnesotafarriers.com](http://www.minnesotafarriers.com) or: [terry@minnesotafarriers.com](mailto:terry@minnesotafarriers.com)

See more photos,  
news and updates  
at the VE Facebook

Page: The  
Valley  
Equestrian  
Newspaper

*The Saddliffiter*  
Society of Master Saddlers  
Qualified Saddle Fitter  
*Cordia Pearson*



Specializing in long distance  
saddliffiting & flocking. Laser,  
Lovatt & Ricketts, Thornhill  
Saddles. ThinkLine Pads.  
The best for you & your horse!  
[www.Saddliffiter.com](http://www.Saddliffiter.com)  
651-462-5654

### WOMEN YOU SHOULD KNOW IN THE HORSE INDUSTRY DIRECTORY

The Women's Horse Industry Association, the largest business network in the world for women working in the horse industry, has announced an extension of the deadline for listings and advertising in the 'Women You Should Know in the Horse Industry' directory.

The directory is published annually and includes all of the WHIA members as well as advertisers from all areas of the horse world. The directory will be a 3-ring binder and will list everyone by state and by category. There will also be a complete email list of all WHIA members. All WHIA members are listed free and there are discounts on advertising for all WHIA members. However, you do not have to be a member to get listed or advertise.

"We have been really pleased with the response to this directory and know that there are a lot of other women who still want to get listed or advertise. We've extended the deadline to April 15, 2010 to accommodate them," states Catherine Masters, Founder and Executive Director of the WHIA.

For complete information on the directory, please visit our website at Women's Horse Industry Association.

## REDEMPTION'S CO-ED, GOING STRONG AT 30

By Kendra Schultz

Redemption's Co-Ed, whose barn name is Ed, is my 29 year old registered Quarter Horse gelding. He will be 30 on May 10, 2010. My name is Kendra Schultz. I am 10 years old and live on crop and livestock farm just outside of Wells, MN. This is about 2 hours southwest of Minneapolis. My family purchased Ed from one of our neighbors in May of 2007.

Ed is the horse that really taught me how to ride. We have had horses and ponies all my life and my mom has ridden all her life including when she was pregnant with me. But I wanted a horse I could ride on my own and maybe take to a few local shows. When we were horse shopping, we wanted a real "been there done that" horse. We found that in Ed. The neighbors we purchased him from said he was a good all-around horse since he could do pleasure and game events. Our neighbors gave me some lessons with him and even went to the first show with us. They gave us many tips. At our first show, I went in Leadline, Walk Trot, Barrels and the Candy Bar Race. The first two events were fun. He was very calm, but when he saw the barrels set up he got excited and wanted to run!

I only let him trot through the patterns though. I did this the next year too. In January of 2009, we purchased Sazu, who was to be Ed's replacement as my show horse.

Sazu is a solid Overo Paint. The intention was to just show Sazu in the pleasure events and let Ed be retired.

Then when I met all of the fun kids at the shows, who always stayed to show in the game events, I decided I would like to try to

run games again. I tried to show Sazu in the game events, but didn't want to lose her "pleasure gaits" so I brought Ed to some 4-H work outs to see how he would do. He did wonderfully! With a little coaching from Amber, one of the volunteer 4-H horse coaches, I let him go



at a canter through the game patterns. He seemed so happy to be doing what he loved again, and without me holding him to a trot, he was more relaxed too. I don't push him to go really fast, because I know that he is

very old and I don't want to hurt him. But he did well enough to qualify for Champ Show last year.

Ed and I have competed in many game events together: Egg-n-Spoon, Barrels, Pole Weaving, Keyhole, Jumping Figure 8, Panty Hose Race (with my mom), Candy Bar Race, Cracker Race, and Speed Dash.

When we have people over to our house he is the horse people choose to ride. When we lead him from the barn to the grass pasture he loves to trot, just like a colt. When we open the gate at the end of the day to let all three horses run to the barn for supper, he always comes in first place.

I am hoping that we can continue to do games together this summer. He shows no signs of lameness or arthritis. He seems to love it in the trailer because he knows that he will always have feed with him and he knows he gets to go to a show. Some of the things we have done to keep him young at heart are: Feeding (oats, pellets, corn, rice bran, probiotics and hay) twice a day, blanketing him in very cold weather, regular vet check-ups and hoof trimming, and giving him two horsey friends to boss around (he likes to do that :) and lots of love from me.

*Editor's Note: Thank you, Kendra, for telling us about Ed. The Valley Equestrian welcomes stories from readers who would like to share their "Oldest Horse," and other, tales. Please submit your stories to the Editor at: [leybou@gmail.com](mailto:leybou@gmail.com) or send to Box 64, Sabin, MN 56580. Not a writer? We can help with that, too!*

### Schatzlein's Saddle Shop

Family  
Business  
Since 1907

English & Western  
for the Horse and Rider

Boots — Apparel — Hats — Gifts

- Riding Equipment — Trail — Show
- Saddle & Tack Repair Shop

Open 9:30 — Mon-Sat. Late Thurs. 8 p.m.

413 W Lake St, Mpls., MN  
612-825-2459 • 800-315-3503

Schatzlein's Outpost — [www.SSaddle.com](http://www.SSaddle.com)

### 2009 AMHR National Champion Adult Costume-Under Danna's Max of GoofTroop



From left: Sawyer Sansevere, AMHR Youth Royalty; Adam Longman, Janet Meyer, Danna Hanson, Jason Pajuoja, Scott Wippler and Merrill Meyer.

### Danna's Miniature Horses

1080 149th Ave NE  
Portland, ND 58274

701-786-3254  
[adjanet@hughes.net](mailto:adjanet@hughes.net)

MINIS FOR SALE:  
ALL SIZES, COLORS AND  
AGES AVAILABLE!



# SADDLING THE FRIESIAN

Friesians, like Morgans, can be of two types, the classic round 'saddle' Friesian or the more withered "carriage" Friesian. It was my pleasure and privilege to saddle Jelleska (Bold Contender) the only Friesian to be long listed for the US Olympic Dressage Team.

Because of Jelsche's very short coupled back and well sprung ribs, we selected the Laser 747 for her and her owner, Ros Randall.

Jelsche does have embryo transfer foals you might want to learn more about at: <http://www.royalcarouselfriesians.com>



Jelsche (Bold Contender) ridden by Hakan Thorn - photo by Terri Miller



Avalon's Luthario and Suzette Sontag of Smart Start Stable at Sorensen Park, showing Training Level Dressage June, 09 His first show - winning Training Level 1 with 70.87%. Owned & loved by Page Lee.

Luther is very much like Jelsche, an extremely strong and balanced horse. He's the best of both worlds, half Friesian, half Morgan. His owner says quite simply, he is "magnificent." At the start of his training and back building, we saddled him with the hoop treed Laser 747. But once he took on his finished shape, the saddle of choice was a Lovatt & Ricketts Berkeley - reflecting the rise of his withers and the progression of his training.

The "carriage" type Friesian normally

Jody is a petite rider on a very large horse and to trail ride, she is secure in her Metleta Brown Trail saddle.

Rick Schmidt of Smart Start Stable in Somerset, WI on Ivanhoe owned by Jody & Tom Green. Photo by Cordia Pearson  
For more info: [www.smartstartstable.com/](http://www.smartstartstable.com/)

So if you have a Friesian to saddle and they are giving you not-fits, contact me at: <http://saddlefitter.com> or call 651-462-5654



Rick Schmidt of Smart Start Stable in Somerset, WI on Ivanhoe owned by Jody & Tom Green. Photo by Cordia Pearson

Cordia Pearson is one of fifteen Society of Master Saddlers Qualified Saddle Fitters in the United States. She brings the Society's highest standards to her work with both



**Dun Haven  
Horsey Headwear**

Fine Lycra  
Hoods and Tailbags  
-- Over 70  
Fabric Choices  
Available

Dun Haven Farm LLC

5687 County C

Vesper, WI 54489

[horseywear@dunhaven.net](mailto:horseywear@dunhaven.net)

715-213-1735

[www.dunhaven.net](http://www.dunhaven.net)

Easy  
Online  
& Phone  
Orders



## The FRIESIAN HORSE SOCIETY

Established in 1993 as an EU North American affiliate, evolved to become an Independent North American Registry in 2007. The primary goal being education in breeding, protecting and expanding the performance and beauty of the pure-



bred Friesian, the FHS focused on the breeding standards of the KFPS, the mother

stamboek.

The FHS membership soon voted to register Friesian Part-bred horses. Recently, a Friesian Part-bred Committee was appointed to develop Breeding Book Regulations and guidelines, ensuring quality breeding standards for Friesian Part-breds.

The FHS's focus is on the horse, thus accomplishing an outstanding organization for registering all of your Friesian and Friesian Part-breds in one registry. The FHS offers services and benefits such as:

- Registration for Friesians and Friesian Part-breds.

- Annual Inspections evaluating strengths and weaknesses, based upon defined qualities with a standardized, quantitative score.

- Qualified, experienced judges, an electronic scoring tool, objective scoring for our member's.

- Universal Equine Life Number (UENL) (see [www.ueln.net](http://www.ueln.net)) for FHS Friesian horses registered in the United States and Canada. UENL establishes the FHS as an internationally recognized registry and FHS registered Friesians are uniquely identified throughout the world!

- EU Passports for all horses registered through FHS. A USEF requirement on all horses competing at International level competitions (FEI events).

- Friesian Brief Newsletter.
- Free Website Ads.
- Recognized by IFSHA.
- USDF All-Breed Awards Participation.

For more information, visit the FHS website at [www.friesianhorsesociety.com](http://www.friesianhorsesociety.com)



Purebred Friesian Stallion

**Dedicated to promoting  
Minnesota's growing  
equine community!**

Attend the MN Horse Expo

April 23 - 25, 2010

[www.MNHorseExpo.org](http://www.MNHorseExpo.org)

Sponsored by the MN Horse Council

[WWW.MNHORSECOUNCIL.ORG](http://WWW.MNHORSECOUNCIL.ORG)

We also sponsor the MN Horsemen's  
Directory: [www.MNHD.org](http://www.MNHD.org)



MINNESOTA  
HORSE  
COUNCIL

(New Address)  
P.O. Box 223  
Plato, MN 55370  
763-755-7729



# Dressage Defined: Friesians

BY MARGO BRADY

No other breed has captivated as many audiences of horse lovers and non-horse lovers alike as the Friesian. There is something magical about the proud carriage, elegant movement, powerful musculature, flowing mane and tail, feathered feet, arched neck, and jet-black coat that sets the Friesian apart from any other breed. Last month, we introduced the Friesian as one of the Baroque horses. Today, we clarify that within the Friesian breed itself there exists two types: the "Baroque type" which is more robust and heavier, typifying the classical Friesian dancing through the haute école movements, and the finer-boned modern, sport horse type popular for today's dressage competitions.

The Friesian is an ancient breed descended from the extinct Forest Horse. He takes his name from Friesland in the northern part of the Netherlands where today's breed was developed. However, Tacitus, a Roman historian (55-120 AD), recorded the existence of the Friesian and touted its value as a utility animal during his time! One thousand years later, the Friesian was carrying knights to the Crusades and into battle. After that period, these animals were then mated with Spanish horses to produce a lighter type. During the 18th and 19th centuries, the Friesian was popular as a harness horse, for agricultural work, and in trotting races. Friesian blood has been used to influence many of the draft breeds such as the Shire and Clydesdale. They have contributed to Warmblood breeding programs around the world. The Norwegian Døle and the Fell and Dales ponies of England owe their ancestry to the Friesian. To this day, a team of Friesians is kept by Harrod's, England's most famous department store, and used for deliveries as well as promotions.

The breed is characteristically black with a long mane and tail possessing a

natural wave in texture. Their average height is 15.3 hands. The head is fine and sculpted, reminiscent of Spanish type. The body is compact and muscular with a sloping croup and low-set tail, reminiscent of draft type. Rarely, and not accepted for registration, a chestnut Friesian is born.

There are two separate registries for the Friesian horse, Dutch and German. The Dutch registry (FPS, Friese Paarden Stamboek) and its American counterpart (FHANA, Friesian Horse Association North America) do not allow crossbreed-



ing with other breeds. The German Friesian registry (FPZV, Friesenpferde Zuchtverband e. V.) and its American counterpart (FPZV USA), however, do allow crossbreeding, creating what is known as the Friesian Sporthorse.

Deb Klamen is not a trainer but an accomplished show rider from Illinois. Both she and her gelding, Kelly, have been in professional training since she purchased him. She says, "I bought a Friesian because I was captivated by their beauty and loved their temperament. The pros are that they have the BEST temperament, are highly trainable and generally easy to sit. They are quite easy to collect too." She continues with the cons, "Their neck is generally a difficulty because it is set on really high and can make coming nicely round and through a challenge. The extended trot can be a challenge because many have a more up/down motion in their trot." In the photo, Deb is riding Kelly, a Dutch registered (FHANA) gelding in a Training Level stretching trot circle at the Silverwood Show, showing off the much coveted and highly appreciated "through the back" energy successfully accomplished by this team! Deb and Kelly are in training at Star West Training Center in New Berlin, Illinois, with trainers Martin and Kate Fleming-Kuhn.

Lisa Williams is a professional trainer based in the Twin Cities of Minneapolis-St. Paul, Minnesota. Training dressage for over twenty years has given her experience with many breeds including the Thoroughbred, Quarter Horse, Morgan, Arabian, Lusitano, Andalusian, Saddle-



Kelly, owned by Deb Klamen, photographed in an extended trot.

Continued on Page 18

## SADDLE UP

for a Wild Education

From the classroom to the stables . . .

The equine program at Minnesota State Community and Technical College, Fergus Falls can prepare you for a career in the horse industry . . . or a lifelong passion for horses as an owner and rider. M State is proud to partner with Red Horse Ranch Arena and Communicating for America so you can earn a one-year diploma or a two-year AAS degree.

This program provides a unique blend of transferable college credit courses, hands-on instruction and internships that offer the skills needed for careers in:

- ☛ Stable management
- ☛ Horse training and judging
- ☛ Riding instruction

For more information, contact **Dr. Tom Prieve**, M State - Fergus Falls  
tom.prieve@minnesota.edu  
or visit us on the Web at  
minnesota.edu/equine.

"Great classes and hands-on experience with horses . . . that's why I chose M State - Fergus Falls for my equine education."

**M | State**  
Fergus Falls

minnesota.edu/equine

A MEMBER OF MINNESOTA STATE COLLEGES AND UNIVERSITIES SYSTEM.  
AN EQUAL OPPORTUNITY EDUCATOR / EMPLOYER.

RED HORSE RANCH ARENA



# Leading Edge: Progressive approaches to horses and riding

BY JULIE PENSCHORN

## GETTING READY FOR SPRING RIDING: LUNGING YOUR HORSE

**W**orried your horse has been enjoying his winter vacation just a little too much? Not looking forward to stepping up on him? This article will give you some tips to safely get ready to start riding this season.

First, always insist on respectful ground manners and leading. This will go a long way toward your success in every area with your horse. Next, utilize off-the-horse techniques for exercising and obedience training. One thing I like to do is lunge my horse. I don't use it as an opportunity for the horse to buck and carry on. I ask the horse to keep his manners while training on the lunge. If I want to let him be wild, I don't attach any equipment to him. I just turn him loose. When you are ready to lunge, here are a few skills and some equipment ideas that will make you more successful.

First, get your equipment together. You'll need a stiff, full length lariat rope. You could also use a lunging cavesson, but it doesn't pack the wallop that that lariat does. A lunge line attached to the bridle is another option. Finally, you can use a war bridle or a thin rope halter. The lariat is the best tool I've found for teaching your horse to lunge. A lunge line on the bridle ring is perfectly suitable for an advanced horse that has already been educated with the lariat.

Side reins are optional, should only be used when your horse understands the basics of lunging and can do it obediently. Never attach the side reins until almost ready to trot. Too long standing still, or walking slowly with them on, teaches a horse to go behind the bit. Always let the horse take a complete stretch by detaching the side reins and clipping them up over the horse's neck when standing still or changing direction.

Now tack up your horse as usual. Use protective boots so

the horse doesn't get splints from interfering. Wrap the bridle reins many times and then go through, between the reins, as you attach the throatlatch, to secure them. You can tie up the stirrups on your English saddle, or just leave them down. I often leave them down so the horse gets used to things flapping.

Later it will be your leg or your lost stirrup dangling, so he might as well accept it; but always run them up when going through doors, and make sure there is nothing that could possibly get caught on a stirrup or its leather.

Make a loop with the lariat as shown in the picture. Slip it over his head as shown in picture one, then snug it up as in picture two. Now you can tug on your horse's head and not injure him like you would with the lunge line attached to the bit. You'll also make more of an impression than with the lunging cavesson. The lariat

is a great tool for getting the attention of your horse. Before lunging, practice leading him with it and perfect his obedience to "Whoa!" Always use the word

first, and then tug hard and sharply, while saying "Whoa." Tug repeatedly if needed to get his attention; soon he'll understand. You'll know success has been achieved when you say "Whoa" and he stops on a dime with no tugging.

To lunge him, start with a small circle where you have complete control, but large enough so you won't get kicked if Mr. Frisky decides to play. Play out the line as the horse settles down and decides to work appropriately. It is best if the horse spends most of his time in a large circle. The lariat is impossible to keep coiled so it gets underfoot if you use a small circle. You'll have to let the extra part hang down on the ground when the horse is close

to you. This can be very dangerous with a lunge line, because it gets wrapped around your leg. But with a stiff rope there is little danger of getting tangled. Just step over it as needed. Always be aware of its presence.

### TIPS FOR USING THE LARIAT

Never hang on it. Use quick, short bursts of pressure or send a ripple down the line to bump your horse on the nose. Hanging on the line makes the horse fight it. Tug and quickly release when using it. If your horse is running away, several tugs in a row are fine. You will get his attention!

Wear gloves. I use bare hands



ing to the right, the lariat has to be removed and the entire length of it needs to be pulled through the loop. Then the loop replaced on the horse's head. Bottom left: a horse working over his back with good engagement and an obedient, stretching frame to the right. This type of shape promotes relaxation. He's doing his yoga!

The horse left center demonstrates the length of the side reins we used to achieve the horse on the bottom left. Also note placement of side reins. As soon as side reins are attached, the horse should be sent forward. Note that the side reins are as long as possible to achieve a round frame without bringing the horse behind the vertical with his nose. See how his neck reaches forward toward the contact, and does not drop behind the contact.

Julie Penshorn owns Sunborn Stables in Chisago City, Minn. She especially enjoys working with instructors to help them become more effective riders and teachers of dressage and jumping. For more information and to read her blog, visit [www.sunbornstables.com](http://www.sunbornstables.com).

### ATTENTION, COMPETITORS: Important Changes to USEF Rule

Lexington, KY – The United States Equestrian Federation (USEF) has announced the following change to the International High Performance (IHP) rule (GR207.1): Effective March 15, 2010, the rule has been changed to remove the fee for U.S. horses competing abroad.

For more information and instructions on how to pre-pay the \$420 IHP fee or request a refund for going over the \$420 cap you can find the Pre Payment/Refund form on the USEF website at the following link: <http://www.usef.org/documents/disciplines/IHPRefundPolicy.pdf>

There was also a clarification made to the intent of the rule so please visit: <http://www.usef.org/documents/rules/ruleChanges/2010/ECapproved31510.pdf> for complete info.

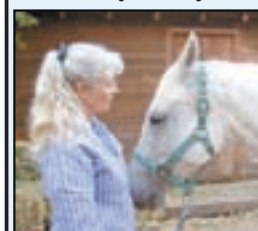
**-MONTANA-**  
**Buck-Saw**  
**Condo**  
Whitefish, MT

Close to Year Round  
Recreational Activities

[www.mtbucksawcondo.com](http://www.mtbucksawcondo.com)

### "Connecting with the Horse's Emotions"

Saturday, May 1, 2010: Learn the



dynamics of intuitive communication and healing, using simple tools and techniques to identify and heal issues

in yourself and your animals. This self-revealing, confidence-building clinic will create a significant shift in your consciousness. Place; Medicine Horse Program, 8778 Arapahoe Road, Boulder, CO 80303. Call:

**Katherine Thompson**  
**916-770-9376**  
**kwingnit@isp.com**

Certified Clairvoyant Healer  
Author, Clinician, Equine Consultant

Horses  
Ponies  
Miniatures

Western  
English  
Driving  
Lessons  
Training  
Sales

**Rainbow's End**

Karen Clark  
586 32nd St. SE  
Buffalo, MN 55313  
763-682-5324  
[karenshorse@charter.net](mailto:karenshorse@charter.net)



## COWBOY POETRY WITH ORV ALVESHHERE

### 4 HORSES PULLING A LONG NOISY 'TRAIN'

RENTER BRINGS PLOW, DRILL, SEED, HAY & FOOD  
He rented some farmland, several miles down the road,  
My father hitched 4 horses to pull the long, heavy load.  
All of the farm implements needed to plant the grain,  
Were extending down a township road like a train.  
He rode on a horse plow, pulling a packer & drill,  
Pulling a wagon of wheat seal, so full it could spill;  
A 'rack of hay, a barrel of oats...let me explain...  
All had steel wheels, that made sounds like a 'Train'.

THE LANDOWNER'S DAUGHTER CALLED IT THE 'TRAIN'  
Four horses snorting their breath, 16 hooves going clip-clop;  
They had only 2 more miles until they made their stop.  
The farming equipment was hooked together, like a chain;  
And the noisy, clanging steel wheels, sounded like a 'Train'.  
Six of the widow's 7 daughters skipped through the trees;  
To watch...they were lined up like a full pcd of 6 peas.  
Meanwhile, the oldest daughter had a case of eye-strain.  
She's the person, who first called this procession, the 'Train'.

BOUND FOR THE CLAIM SHACK AT 2MPH/ONLY 1 TRIP  
It took him an hour to travel down that length of road;  
He drove 4 horses, pulling that long & noisy load.  
That rural road, was not like 'life in the fast-lane'.  
It was 1932, when my dad drove the 'Train'.  
All the rocks & the gravel, on that primitive road;  
Bumped & rumbled & clanged & chirped under that load.  
Perhaps, the deliberate, slow pace, annoyed his brain;  
As wall as, the continuous racket, of the 'Train'.

PLANNING TO PLANT WHEAT/A SUPPLY TRAIN/MOVING DAY  
He brought oats for the horses, cured bacon, bread & eggs; \*  
He walked alongside, for a while, just to stretch his legs;  
With dependable horses...a loose grip on the rein;  
And 16 hooves, in cadence...were pulling the 'Train'.  
Ertin under the plow seat, a frying pan was hanging;  
And adding another sound, with it's constant clanging.  
Ev'ry piece of metal clanged, on this farming terrain;  
It's understandable that 7 girls heard the 'Train'

RENTING FARMLAND TO RAISE A WHEAT CROP  
They had ample time to count each piece of machin'ry;  
He had ample time to observe the prairie scen'ry.  
He had greased all of the wheels, but the fact did remain;  
All of his efforts, had failed to quiet the 'Train'.  
He crossed the river, where there was a barn & claim shack;  
He mended the fence, to protect the loaded hayrack.  
While a lovely young farm girl, stood at the window pane;  
Intently watching each move...of the guy on the 'Train'

PLOWING & PLANTING & OTHER CONNECTIONS  
The horses whinnied, as they pulled the plow at dawn.  
They were rested ev'ry 2 rounds, til daylight was gone.  
On the departure day, the oldest girl would remain;  
Standing at the upstairs window, watching the 'Train'.  
After a month of plowing & seeding...a late start;  
He hitched his tired horses to the 'Train'...& they'd depart.  
About the young girl, who watched the 'Train' let me explain...  
She later married...the man she watched...driving the 'Train'.

\*eggs in the oat barrel © Orv Alveshere



## HOOVED ANIMAL HUMANE SOCIETY JOINS UNWANTED HORSE COALITION

Washington, DC - The Unwanted Horse Coalition (UHC) announces their newest member, The Hooved Animal Humane Society (HAHS).

The HAHS is a non profit, 501(c)(3) organization, which promotes the humane treatment of hooved animals through education, legislation, investigation, and if necessary, legal intervention. The HAHS also provides rehabilitation to neglected and abused animals and adopts them out to homes once they are able to leave the 26 acre facility located in Woodstock, Illinois. Founded in 1971, the HAHS was the first humane society established in the United States to focus solely on large animals, primarily horses.

The Unwanted Horse Coalition is a broad alliance of equine organizations that have joined together under the umbrella of the American Horse



Council. The Coalition's mission is to reduce the number of unwanted horses and to improve their welfare through education and the efforts of organizations committed to the health, safety, and responsible care and disposition of these horses.

"We look forward to adding the Hooved Animal Humane Society to our growing list of Equine Care Facility members of the Coalition," said Ericka Caslin, director of the UHC. "The continued growth of the Coalition and its work relies on diverse membership."

Additional information about the Unwanted Horse Coalition is available by logging on to [www.unwanted-horsecoalition.org](http://www.unwanted-horsecoalition.org) or by calling 202-296-4031.

## HORSETV PRODUCES 2010 ALLTECH FEI WORLD EQUESTRIAN GAMES "STATE OF THE GAMES" SERIES FOR TV AND INTERNET BROADCAST WORLDWIDE

LEXINGTON, KY.-- Horse TV's H-Span [www.horsetv.com](http://www.horsetv.com) today launches its "State of the Games" programming series, in association with the World Games 2010 Foundation, providing periodic updates, interviews and discussions along with question and answer sessions for the organizers, officials and others. Each show is an hour long and is filmed in different locations in both a "Town Hall" and "Round Table" style setting with a variety of guests, including officials and celebrities.

The series is designed to enable the top officials organizing the World Equestrian Games the opportunity to virtually interact with the public, as well as inform and discuss all aspects of the upcoming games and to update the general public and equestrian enthusiasts as to the progress, latest sponsors and the many other attractions and exhibitions of the games in addition to the medal competitions and competitors.

Questions and comments to the host and to the world games officials may be submitted via the Internet to [2010world-games@horsetv.com](mailto:2010world-games@horsetv.com) and will be answered in each subsequent broadcast.

The introductory show was filmed recently at the Kentucky Horse Park and is hosted by renowned NBC sports commentator and Lexington native Kenny Rice. Rice is a well known sportscaster of mainstream sports such as basketball, boxing and the HD net fights in Las Vegas as well as equestrian sports such as the Rolex Three Day event, the Kentucky Derby and other racing features nationwide.

The first show includes one on one interviews and updates on competition planning, ticket sales, sponsors, hospitality and travel from the officials panel which included the organizing committees CEO Jamie Link, Terry Johnson, Kate Jackson and John Nicholson of the WEG foundation, as well as Niki Heichelbech from the city of Lexington.

The 2010 Alltech FEI World Equestrian Games will feature Olympic level international equestrian competition of eight medal sports, a world-class trade show, as well as state and national exhibitions of all types along with a myriad of family attractions and mainstream entertainment events for the

general public, held over sixteen days.

Previously exclusive to Europe, with an attendance of over one-half million visitors, the games are being held for the first time in the United States from September 25-October 10 at the Kentucky Horse Park in Lexington, KY.

"As the countdown and fever to the games begins, we are pleased to be able to provide our support and broadcast services to the Games foundation to augment the sponsors, the state of Kentucky and aid in the ultimate success of the Games, stated Horse TV's Bernard Uechtritz. We are offering links and video players of the series free of charge throughout the entire Horse Industry, as well as to any and all endemic and non endemic sponsors, brands, organization web sites, and all equestrian media outlets, so to inform their members and the general public about the many opportunities and highlights of the games, provide tickets sales and to show their support of the world games and our horse industry".

The "State of the Games" series will also be available on TV channels in many viewing areas nationally and internationally, including on "In Country TV" carried on Dish Network and Direct TV satellite systems in the USA, as well as "The Country Channel" in the UK on Sky B Sky 171. Viewing times and other syndication outlets will be announced shortly.

"Horse TV has been most supportive with this initiative in helping spread the message of the Games and promoting travel to Kentucky," said Games CEO Jamie Link. "We welcome the opportunity to speak to and interact with everyone through this forum, from the passionate enthusiast to the mainstream family of four, who might be considering utilizing the Games as their vacation excursion this year. The Games will be an opportunity of a lifetime for that family, as well as an outstanding prospect for any brand that wants to be a player in the world equestrian industry".

Announcements about future broadcasts, viewing times, alternative web portals and new episodes will be available at [www.alltechfeigames.com](http://www.alltechfeigames.com) as the program develops.



**Quality Feed  
Pays Off!**

## J & S Farmer's Mill

104 5th Avenue SE  
Barnesville, MN 56514  
218.354.2247  
1.877.521.0150  
218.493.4574

See Jim for all Your Horse Feed!      Jim & Sue Heng, Owners





## APRIL EVENTS AND BEYOND

Call before you haul -- The Valley Equestrian is not responsible for changes to scheduled events

April 16 -17: American Miniature Horse Spring Show, Expo Center Glen Rose TX.com

April 17 -18: "Out The Gate" Bull Riding & Barrel Racing, Expo Center Glen Rose Tx.com

April 17: Beginners Barrel Racing and Gaming at 11 a.m. at Houck Horse Company in North Branch, Minn. Contact Jill at (651) 277-1095 for more information.

April 17: Game Show at 10 a.m. at the Itasca County Fairgrounds in Grand Rapids, Minn. Contact Marilyn at (218) 743-6802.

April 17: Hi Circle Vee Ranch WSCA Game Show at 10 a.m. in Isanti, Minn. Contact Kari at (612) 803-5950

April 17: R&J Spring Buckle Series at 9 a.m. at Verndale, Minn. See [www.wsca.org](http://www.wsca.org) or [www.SundbyEnterprises.com](http://www.SundbyEnterprises.com) calendar for more information or call (877) 212-6612

April 17-18: ND State 4-H Horse Contests: Horse Judging, Hippology, Quiz Bowl; contact Carrie Hammer at (701) 231-5682

April 23-25: Kelly Kaminski Barrel Race and Horsemanship Clinic at JJ Arena, Balsam Lake, Wisc. Call (765) 748-5780 for more information.

April 23-24: Ulf Wadeborn Clinic at 8:30 p.m. both days at Novak Equine in Brainerd, Minn. Contact Jamie at (218) 251-2470 or [www.novakequine.com](http://www.novakequine.com) for more information

April 24-25: UMECRA/MDDA ride/drive at Castle Rock Horse Trails in Arkdale, Wis. contact Mary at (608) 564-2129 or email: [pullonfarm@yahoo.com](mailto:pullonfarm@yahoo.com)

April 23-25: MN Horse Expo sponsored by the MN Horse Council at the St. Paul Fairgrounds; see [www.mnhorseexpo.org](http://www.mnhorseexpo.org) for more information or see page 2 of this issue of the VE for the complete schedule.

April 21 - 24: Texas Corriente Cattle Association, 12th Annual Show & Roping at the Expo Center Glen Rose TX.com

April 23-25: Sheyenne Red River Rodeo and Junior High Rodeo at 5 p.m. Friday and 8 a.m. Saturday and Sunday at the Red River Valley Fairgrounds in West Fargo, N.D. See [www.redrivervalleyfair.com](http://www.redrivervalleyfair.com) for more information.

April 29 - May 2: NHC Driving Clinic with Suzy Stafford at the Dunn Farm, Hertel, Wisc. Auditors may watch free and are asked to bring a potluck offering; contact Candy Hankins at [kess@cheqnet.net](mailto:kess@cheqnet.net) or call (715)798-4480

May 1: Texas Stampede Roping at the Expo Center Glen Rose Tx.com

May 1: Hope Rides Lloyd Anderson Horsemanship Clinic at 9 a.m. at the Oasis Equestrian Center in Lindstrom, Minn. Contact Vollie at (612) 310-6350 for more information.

May 1: Midstate North Star Saddle Club Game Show at 7:30 a.m. at the Isanti County Fairgrounds in Cambridge, Minn. Contact Karen at (763) 444-5232 for more information.

May 1: Cowboy Up Ride Against Cancer sponsors the 2nd Annual Horse Wellness Education Clinic at the North Dakota Horse Park in Fargo, N.D.; free admission, speakers, double header jackpot barrels - 75 percent payback; call Carol Van Den Einde at (701) 484-5597 or email [cvandene@hotmail.com](mailto:cvandene@hotmail.com) for more information.

May 1-2: MnDRA Endurance Ride at 6 a.m. at the Sand Dunes State Forest in Sherburne County near Orrock, Minn. See [www.umecra.com](http://www.umecra.com) or call (763) 753-5236 for more information.

May 1-2: Hunter Jumper Clinic featuring Allen Matheson at the Red River Valley Fairgrounds in West Fargo, N.D. See [www.AEER.org](http://www.AEER.org) or [www.redrivervalleyfair.com](http://www.redrivervalleyfair.com) or call Mindy at (701) 371-2753 for more information

May 1-2: R&J Spring Buckle Series at 9 a.m. at Verndale, Minn. See [www.wsca.org](http://www.wsca.org) or [www.SundbyEnterprises.com](http://www.SundbyEnterprises.com) calendar for more information or call (877) 212-6612

May 1-2: The 2nd Annual Prairie Home Carriage Festival Driving Presentation Exhibition from 10 a.m. to 4 p.m. both days at the Farmington Co. Fairgrounds in Farmington, Minn. Call Steve Crownover at (612) 759-4111 or go to [www.mnwhipsandwheels.com](http://www.mnwhipsandwheels.com) for more information and registration.

May 2: Bit & Spurs Saddle Club Game Show at 9 a.m. at the Bit & Spurs Arena in Delano, Minn. Contact Shelly at (320) 493-7134 for more information.

May 2: MN Ranch Horse Assoc. Horse Show at 10 a.m. at the Northwest Saddle Club Arena in North Branch, Minn. Contact Jennifer at (715) 377-6443 for more information.

May 7: WSCA/UBRA Cash Back Series at 6 p.m. at the Oasis Equestrian Center in Lindstrom, Minn. Contact Tara at (651) 428-0255 for more information.

May 7: MN High School Rodeo Reg. #5 at 7:30 p.m. at the Buffalo Rodeo Grounds in Buffalo, Minn. Call (763) 238-2929 for more information.

May 7 - 9: Chisholm Trail TX Long Horn Association, Expo Center Glen Rose TX.com

May 7 - 8: Texas Breeders Classic at the

Expo Center Glen Rose TX.com

May 8: 3rd Annual Hobo Wagon Train leaves at 10 a.m. from El Rancho Manana Campground at Richmond, Minn. Lunch will be served; bring lawnchair and refreshments; RSVP by May 1 to Adeline Boucher (320) 685-8275

May 8: Youth Clinic Barrel Racing/ Games at 11 a.m. at the Houck Horse Company in North Branch, Minn. Contact Jill at (651) 277-1095.

May 8: Double Bit Riders Saddle Club Game Show at 8 a.m. at the Isanti County Fairgrounds in Cambridge, Minn. Connie McCann (763) 434-3522

May 8-9: Glacier Trails Ride/MDDA drive starting at dawn at the Horseman's Park in Palmyra, Wis. Contact (414)975-3244 or email: [helinorltonson@earthlink.net](mailto:helinorltonson@earthlink.net) for more information.

May 8-9: Red River Valley Horse Fair at 9 a.m. daily at the Red River Valley Fairgrounds in West Fargo, N.D. with clinicians Lynn Gunderson and Jeff Spencer, a WSCA Open Horse Show, exhibitors, tack swap and more at [www.redrivervalleyfair.com](http://www.redrivervalleyfair.com) or email [Horsefair@redrivervalleyfair.com](mailto:Horsefair@redrivervalleyfair.com).

Be transported back in time to the late 1800's and early 1900's. Period costumed drivers in horse drawn vehicles will parade through historic Dakota City Heritage Village, a living history museum at the Dakota Country Fairgrounds in Farmington, MN. Saturday, May 1: Carriage & Sleigh Display, Driving Tack Swap, Learn to Drive Clinic and individual lessons available from Steve Wood ([www.wildwoodsleighandcarriage.com](http://www.wildwoodsleighandcarriage.com)), Vendor Fair, Evening Dinner/ Dance. Sunday, May 2: Service in the Village Church, individual lessons from Steve Wood, Vendor Fair and narrated Carriage & Sleigh Display and Parade. Participants must pre-register and join Minnesota Whips and Wheels. Spectators will pay admission to the grounds. For more information visit [www.mnwhipsandwheels.com](http://www.mnwhipsandwheels.com), email

**Want the VE to  
your door?  
Subscribe! \$28.  
for 12 issues -  
Mail your check or money  
order to:  
Box 64, Sabin, MN 56580  
or use PayPal at [www.theveonline.com](http://www.theveonline.com)**



**"COWBOY  
LEATHER"**

We Carry a  
Complete Line of  
**CODY LEATHER** Products!  
Wholesale and Retail Prices

**Call Shari Today  
218.385.3835**

**Dedicated to promoting  
Minnesota's growing  
equine community!**

To find out more  
information about what  
we do or  
to apply  
for  
funding  
or a grant,  
call or visit  
our website.

PO Box 223  
Plato, MN 55370  
763-755-7729

[www.mnhorsecouncil.org](http://www.mnhorsecouncil.org)



# Sun Shines Brightly on Central MN Horse Fest April 10-11



Above: "If we could learn the difference between a hold and a pull, our horsemanship would increase dramatically," says Jack Lieser (left) demonstrating it to Elaine Bilben (right) at the Central MN Horse Fest Saturday, April 10 in



Above: Collette Bolster using Equine Touch techniques to "Body Balance" D.G., her 23-year-old Arabian mare. Left: Bob Johnson, "The Common Horseman," who told the crowd, "There are three reasons horses won't do what we want: (1) they don't understand, (2) they are afraid, (3) they are not going to do it." Johnson demonstrates on a Gypsy Vanner stallion how to drop the head and acclimate to a bridle in the outdoor arena Saturday, April 10 at the Benton County Fairgrounds in Sauk Rapids, Minn.



Above: Dennis Auslam, trainer and owner of Redwood Stables in Morton, Minn. working to get respect from a Friesian, "Douwke G" a Holland imported "Ster" stallion owned by Tim and Brenda Johnson, Excaliber Breeding Center and hosts of the Central MN Horse Fest at the Benton County Fairgrounds in Sauk Rapids, Minn. Auslam specializes in starting colts and working with problem horses with an emphasis on safety. Right: Parents watch while children ride the pony ring owned by Leann and Rich Hacker. More photos and video may be found on The Valley Equestrian Website, www.theveonline.com.



Sauk Rapids, Minn. Left: Naomi Bergen of Tower, Minn. rides "Kansas City Twister" in the Stallion Review.



"Sir Lancelot" owned and driven by Reg Brehands of Wisc. demonstrating carriage driving Saturday, April 10 at the Central MN Horse Fest in Sauk Rapids, Minn.

## Sunborn Stables



**JULIE PENSHORN**  
 USDF Certified Instructor/Trainer  
 Dressage and Eventing Lessons  
 Training • Boarding • Sales

651-257-9825

Where dreams are born and horses and riders shine!

www.sunbornstables.com

365 Days to Ride

Up to 15% OFF!

- ✓ Naturally Bright Interiors
- ✓ Superior Air Quality
- ✓ Safer Environment
- ✓ Peaceful Ambiance
- ✓ A Guarantee of Quality
- ✓ Backed by Local Service



**COVER-ALL**  
 NORTHSTAR COVER-ALL LLC

NorthStar Cover-All  
 1.877.259.1528 • www.northstarcoverall.com

COVER-ALL IS A REGISTERED TRADEMARK OF COVER-ALL BUILDING SYSTEMS, INC.



**FOR YOUR REGIONAL SADDLE AND TACK NEEDS!**

Great Prices!  
Popular Brands!  
Terrific Selection!

*Blairview*  
**Saddle Shop, Inc.**

Stop in  
to see us  
today!

WONDERFUL SELECTION OF SADDLES, TACK, & BOOTS!

1/2 mile S of I-94 on Hwy. 29, Alexandria, MN  
320-762-5664 • [www.blairviewsaddle.com](http://www.blairviewsaddle.com)

Monday-Thursday 9 - 6 • Friday 9 - 8 • Saturday 9 - 5 • Sunday 12-5



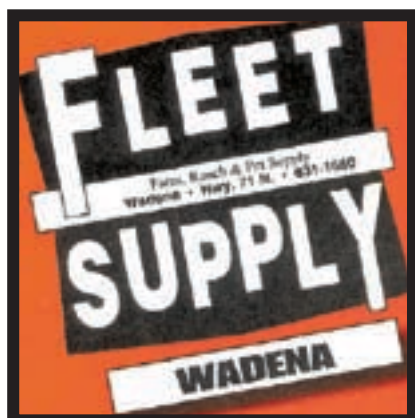
**Own Responsibly**

For more information, visit [unwantedhorsecoalition.org](http://unwantedhorsecoalition.org)



Valley Equestrian enthusiast Karen Oren captured this photograph while attending the International Hunter/Jumping Horse Competition at West World, March 24 in Scottsdale, Ariz.

Readers: Send in your favorite photographs of recent equestrian events to Ley Bouchard, Box 64, Sabin, Minn. 56580 or email: [theve-news@gmail.com](mailto:theve-news@gmail.com). Photos should be at least 4 inches and 170 DPI.



**25% OFF ALL WEAVER  
LEATHER BREAST COLLARS  
AND  
25% OFF SELECT WEAVER  
HALTERS THROUGH APRIL**

949 Jefferson Street North  
Wadena, MN 56482-2333  
(218) 631-1660

**R U A Teen? R U an Artist? R U a Writer?**

Be Part of the VE Youth Team! Show your stuff!

Have your artistic endeavors published in a regional newspaper with more than 25,000 readers in print and online!

Looking for youth editor, writers, & photographers!

Email Ley Bouchard, Publisher @ [leybou@gmail.com](mailto:leybou@gmail.com)

Where there are rivers,  
There are valleys,  
There are horses,  
And the ...



Your local resource for equestrian events, news and information.

**Valley Equestrian  
Newspaper**



**PROFESSIONAL  
FARRIER PROGRAM  
MINNESOTA SCHOOL  
OF HORSESHOEING**

6250 Riverdale Drive NW  
Ramsey, MN 55303

763-427-5850  
800-257-5850

[www.mnschoolofhorseshoeing.com](http://www.mnschoolofhorseshoeing.com)

**Subscribe to**



Your one-stop resource for equine events, information and services in the region.

**Subscription rates are:**

**\$28. per year in the USA**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Send to: The Valley Equestrian, Box 64, Sabin, MN 56580

**Ashley Peterson Horse Training**



Colt Starting  
Tune ups  
Show Horses  
Great variety of Horses for Sale!  
Located in East Grand Forks, MN  
Peterson Horse Training  
701-720-6660  
[petersonhorsetraining@hotmail.com](mailto:petersonhorsetraining@hotmail.com)

<http://ashleypetersonhorsetraining.vpweb.com>



**Little Bit Equine Massage Therapy**

Shawna Gackle, CEMT

350 hours Certified Equine Massage Therapist

(701) 269-1033

(701)685-2641

[shortygack11@hotmail.com](mailto:shortygack11@hotmail.com)

**A "Little Bit" Goes a Long Ways!**

**Congrats!**

Kathleen Perkins

winner of a one year subscription to the

Valley Equestrian Newspaper at the April 10 Central MN Horse Fest in Sauk Rapids, Minn.

**The May issue of the VE is Featuring Pintos – Contact Us to Advertise Your Colorful Pinto!  
Ley Bouchard: 701.361.8648 or Tammy Finney: 218-790-6056**



## SHOWING HORSES ON A TIGHT BUDGET

By Pam Del Vecchio

How does one show on a tight budget? Not everyone who owns horses was born with a trust fund to burn. Many of us simply got hooked at one time or another on horse shows, events, and competitions. It comes upon us while we're innocently trying our hand at a schooling show, or watching our kid in the ring, and before we're aware, we're trying to figure out how to afford the next show. Horse showing is not impossible, but many riders must begin to establish a show budget and realistically analyze their horse's progress and readiness to show.

Ideally, during the winter months, each rider should begin to think about and formulate specific goals for the upcoming show season. How many shows would you like to attend? Do you want to simply go to shows to test your skills and improve as you go along? Do you want to try to qualify for Regional's or any other large championship? Would you like to earn enough scores for a USDF medal? Once a rider begins to answer these questions, a rough and flexible plan can be created. The winter months are also a good time to begin setting aside money for the upcoming show season.

The following are some suggestions for evaluating showing and minimizing expenses.

**Training fees**

- Choose a trainer who trains you to train your horse.
- Take group lessons, instead of private ones. While you may not get as much individual attention, you'll reap additional benefits by observing other riders.
- If it's in your budget, attend clinics with a reputable trainer/clinician. Bring your horse and

participate—or pay a smaller fee to audit the clinic, absorbing (and writing down!) as much information as you can.

- Barter for training. Ask your trainer if he/she would be willing to reduce or forgo training fees in exchange for work around the barn.

**Transportation to shows**

With recent gas prices and the state of the economy, many riders have been forced to reevaluate their show schedules.

- Pick shows close to home, this is the first line of defense to your budget.

- Trailer to shows with a friend or barn mate.

- If you have a large trailer and can haul several horses, find out how many riders are going to your show that could use someone to haul their horses. The price of gas is more reasonable when divided among several people. Also, multiple riders can share a tack stall.

**Sleeping arrangements**

- Share hotel rooms with other riders in order to minimize the cost. As long as the hotel is close to the show grounds, provides good service, and is clean you don't have to stay at the most expensive hotel. Remember that aside from sleeping, you will spend most of the weekend at the show grounds.

- Check the specific show ground facilities. Can you sleep in the trailer and use the show ground showers and restrooms? If you don't have a trailer with living quarters, pack a sleeping bag and camp out in the dressing area of your trailer—as long as the weather is mild.

- Do you have friends who live near the show? Could you sleep at their house for the weekend?

**Show Fees:**

- Coggins test and current shots for the horse are an unavoidable expense.

- Schooling show fees will be much less than larger shows, plus they usually last fewer days than the big shows, and most often are one day only.

- If you are going to a day show and your horse will stand quietly tied to the trailer you will be able to avoid stabling fees, just make sure to check on them periodically, even the quietest horse can get spooked.

- If you show in all-around competitions or in more than one or two classes, look for shows that charge a "flat fee," instead of paying per class.

- Enter fewer classes, and compete only in the events at which you and your horse excel.

- Jackpot classes—although you are not guaranteed to win money, consider entering your horse in a jackpot class if you have been consistently scoring well. Any winnings that you receive can be used for future showing expenses.

**Show Clothes**

- Swap clothing—form a network of friends with whom you can trade clothing. Parents can swap clothing as their children outgrow them. It can be economical if a child wears them once or twice and outgrows them.

- Carefully comparison shop to get the best deals at thrift stores, consignment tack shops, on the Internet and discount websites; eBay is a good first start. Make sure to check those shipping costs.

- Buy a plain, unadorned blouse, and then glitz it up by adding sequins, crystals, rhinestones, and so on.

- If you, a relative,

or friend can sew, buy a pattern and make your own show clothes (check out [www.suitability.com](http://www.suitability.com) for pattern ideas.)

- Some horse clubs will have tack swaps at one point during the season. That could be a good place to find some deals.

**Food:**

- Bring your own fruit, snacks and beverages to avoid pricey show fare.

- If you are considering staying in a hotel, try to find one that offers a free breakfast, and bring as much food from home so you do not have to eat out at fast food restaurants at night.

**At the End of the Day**

When it comes down to it, there are many ways to help save money when showing. It all depends on the lengths you are willing to explore.

From knowing your goals, to starting small, to realistically knowing what you need, you can have as much fun on a tight budget as someone who has money to burn.

*Pam Del Vecchio is an instructor at the University of Minnesota - Crookston.*

## Harvesting Corn in the Snow



Farmers in the Red River Valley of the North harvested in the snow or burned cornfields to finish off the 2009 crops so they can get in the fields and prepare the soil and seed the 2010 crop. This photo was taken mid-March east of Georgetown, Minn. on the David Lee Farm.

Visit us and sign up for a free drawing of a one-year subscription to the VE at the MN Horse Expo, April 23-25, at the MN State Fairgrounds in St. Paul.

Find us in the Poultry Barn Booth D607

**RRIF Donovan**

(Tri colored)

Homozygous for Tobiano (TT), Hetero for Red/Black gene (Ee), Homozygous for Agouti gene (AA), will be good one for getting those special colors with the black trim points.

2007 High Point and 1st Premium European Champion Now standing at Stud: \$1500.00 plus \$250.00 non-refundable booking fee

Check out our Gypsy and Drum horses for sale.

## Creek Side Gypsy Horses

8841 Mason Ave NE  
Elk River, MN 55339  
pambrthl@aol.com

[www.creeksidegypsy.com](http://www.creeksidegypsy.com)

763-274-2488

“If you can dream it,  
THEY CAN DO IT.”

**Magical Gypsy  
Horses  
with  
European  
Bloodlines**





## Dressage Defined continued from page 11

bred, and of course, the Friesian, as well as Friesian crosses, also known as Friesian Sporthorses. Lisa has studied under accomplished trainers beginning with Uli Berner, Lois Heyerdahl, Cathy Theissen, and Chuck Grant. She clinics under Bo Jenå, Trish Helmer, Hokan Thorn, and Ulf Wadeborn. As for the positive attributes of the Friesian she says, "They have the BEST temperament in the world, are willing to please, are very trainable, not inclined to challenge, and form a strong bond and partnership with their trainer." In the photo, Lisa is riding Dante, a German Registry Friesian stallion owned by Lisa Schlinder. "Once we got connection, we went from green to Training Level with scores in the 70's in only 6 months as a 4-year-old!" Lisa says, "The negative aspect of the Friesian is the extremely high set neck that comes straight up out of the shoulder. To get them stretching down and forward to the bit without curling up is a hard one and takes a long, long time."

Lisa continues with comments on the Friesian Sporthorses, "The Friesian is a wonderful cross on a hotter horse, such as the Thoroughbred or Saddlebred. These horses share the good characteristics of both breeds." Lisa is

shown here on Theona, a Friesian/Thoroughbred cross in training to "go forward off the leg."

The modern, finer type of Friesian is currently popular in the dressage ring alongside the Friesian Sporthorses. Friesians also excel in dressage driving. Due to their temperament, versatility and athleticism, and given their history, these classical horses continue to draw more and more followers and are sure to continue in the dressage arena in the years... no... centuries, to come!

*Margo Brady began studying dressage in 1986 with Anne Mouen-Stahl, Grand Prix rider and Apprentice to Carole Grant (double Gold Medalist 1983 Pan Am Games) and Jan Macafee from Australia.*

*She has ridden with Bo Jenå, Head Riding Master and Director of the dressage program at Flyinge, the National Stud for the Swedish Warmblood in Sweden, and also with Denis Robet, Head Trainer at the Volte-Face Equestrian Center in the French Alps.*

*She currently studies with Lisbeth Bengtsson of Sweden, now in Wisconsin, and clinics with International Gran Prix competitor and 'R' dressage judge, Ulf Wadeborn, formerly from the Stromsholm Riding Academy of Sweden.*

*Margo is the owner of the Brady Equestrian Center in Downer, MN, where she breeds Swedish Warmbloods and sands the Swedish import stallion Bayron 885. She has upper level dressage schoolmasters available for lessons and lease. Call (218) 789-7704 for more information.*

changes you have to make to accomplish this.

"I'm getting mare ready for breeding so I want to build her up and use the nettle for that. My mare knows her body needs cleansing and sure enough I could not get the nettle on the ground fast enough. Herbs assist the digestive system so colic is not an issue: licorice root, slippery elm, meadow sweet or couch grass, those are very good as digestive tonics and help move the digestion along in a natural way and I use them in the diet. My horses do not colic. I especially like to add these to feed if I am traveling a lot. No horse in the wild would move like that so I give it when we travel to make sure they travel well. It keeps the horse as close to what nature intended the horse to be while it has to live in the modern world because I can't make the world go back to what it used to be."

Bonser's basic rules for horse care include no commercial fertilizers and pesticides: "If you take these out of a horse diet you are ensuring the horse's system has no toxic residue. Toxic residue is based on chemical compounds that are toxic. If I don't ingest it I'm not going to give it to my horses and expect them to deal with

it. I chose to work on it through feed. To me it's clean, if I can keep it as clean as possible, and add great training, great genetics I can get the best in this world and that's what I'm going for."

"Basically reiki is another word for the manipulation of energy and all things alive have energy. Even plants, some people believe in eating a raw fruit and veggie diet so they consume the live energy of the plant," says Bonser. "We know we are all connected, whether you want to believe it or not: everything you do impacts everyone else. Reiki is taking energy, which is everywhere, and directing it to bring a body into balance. Reiki is used often for healing because when you are not well you are not in balance. It is using energy to bring forth balance. Twist your ankle, you have to do chores anyway and put more weight on the other ankle and that puts your body out of balance and this can lead to other pains in the back or shoulder. This happens to people; it happens to animals. A horse can go through colic and we don't know why -- food, exercise, no one knows why or how, even a vet. If we direct the energy that is all around us and through the body

of the horse then whatever the source of the colic is, the energy will work on that because it seeks to bring the horse into balance hence eliminating the colic. Now, this does not necessarily mean you can do it very fast. Energy is something one cannot control. We all know what happened with the bomb. We can manage it to some extent. If you believe in God, you know that God is energy. So instead of controlling it, you direct it. You direct the energy to eliminate the colic, and maybe it's just gas and the energy moves the gas to clear it faster. Sometimes reiki is not going to work fast enough, like with a blockage, reiki may not work fast enough to clear the blockage. Reiki is not a replacement for vet care, but to be used in conjunction. Reiki is a supplement; if I see a horse that is a little off, I will do reiki, an energy treatment, nine times out of 10 that is all that's needed. By the use of reiki you can reduce the need for serious vet care and you don't need them for the everyday things. I have a friend who had a mare with an embryo transfer foal and the baby was large, the foal wasn't born. I gave the horse some reiki and the mare foaled but the mare did not produce the hormones

to birth, so she had the colt but she was in distress due to tearing and they were able to get her to the vet. The vet said we needed another nursing mare as he thought the mare might die. Reiki was performed, I felt feedback and knew she hadn't torn anything major, but she was in a lot of pain as the hormones had not worked. I worked with her to reduce the pain and calm her and two days later she was at home and running in the pasture with the foal. She was under vet care, she received fluids and meds, Reiki provided comfort to my friend and with reiki she was able to make it through. I have also used reiki to help the transition from this world to the next.

"I've been organic for 15 years since my 20s. My dad got me into that because he was sick and was told he wouldn't live long; so I went totally organic and 12 years later he's still alive. For me, this is what I had to do. When I finally started my horse farm, I knew it had to be all organic, unless there is nothing else I can do."

See [www.windancer-ranch.com](http://www.windancer-ranch.com) or email [Heatherbonser1@gmail.com](mailto:Heatherbonser1@gmail.com) for more information.



## CLASSIFIEDS \* CLASSIFIEDS \* CLASSIFIEDS \* CLASSIFIEDS

### UP NORTH MINIATURE HORSE SHOW.

June 19 & 20, 2010,  
(depending on flood damage  
\$5 per Class,

Open to Everyone,  
Bring your own small horse, pony or  
mini, OR use one of ours.  
See future VE issues for details: Portland  
Horse Park, Portland, ND 701-786-3254

Registered Miniature Horses for Sale.  
Prices starting at \$250.

Weanlings, Yearlings, 2 yr olds &  
older mares,  
geldings & stallions  
We won 21 Top Tens at  
Nationals in 2009!

Danna's Miniature Horses  
701-786-3254 Portland, ND.  
Delivery possible

North Star Stables Georgetown, Minn. has 2 boarding spots  
available; \$350/month, inquire  
to [deviertj@aol.com](mailto:deviertj@aol.com) or 701-306-4404

**NEW TO THE VE: "IN MEMORIAM"  
REMEMBER YOUR BELOVED CRITTER:  
HORSE, CAT, DOG, LIZARD, BIRD,  
ETC. WITH A MEMORIAL AD!  
CONTACT ANY VE SALES MANAGER  
OR EMAIL: [THEVENews@GMAIL.COM](mailto:THEVENews@GMAIL.COM)**

See more photos and content on the VE Facebook  
page: [The Valley Equestrian Newspaper](http://TheValleyEquestrianNewspaper)  
and online at [www.theVEonline.com](http://www.theVEonline.com)

### Help Wanted:

North Star Stables seeks breeding manager for busy facility. North Star Stables is a 35+ stall barn in North Western MN that services a large clientele of stallions for cooled shipped semen/frozen semen/evaluation/ and also offers mare management/AI/foaling service. Successful candidate will be skilled in stallion handling and management, semen collection, insemination, foaling, and training. Duties include all skills listed above as well as starting colts, training client and farm horses, showing and other miscellaneous barn duties included but not limited to cleaning stalls, grooming, and clipping. Please send resume and salary requirements to: Tammy Devier, 18048 5th St North, Georgetown, MN 56546. or inquire to [deviertj@aol.com](mailto:deviertj@aol.com)



## Living the Dream: Heather Bonser of Wind Dancer Ranch

By Ley Bouchard

Life lays a series of events at our feet and they mix and evolve to blend with our dreams and aspirations to become our life, our lifestyle and what we become. If we're very lucky, our dreams come to fruition. It may not be easy, it may not be perfect, but it can be our dream nonetheless.

Meet Heather Bonser of Wind Dancer Ranch, with the primary location in Cooper, Texas and a satellite location in Laurel, Montana.

Bonser was born on Long Island, New York. She knew she wanted horses from the time she was little. Her

mom arranged for riding lessons when Bonser was 7-years-old. Later the family moved to Holland when her adoptive father who works for the American Embassy was transferred to the Netherlands.

Bonser lived in Holland from ages 13 to 19; she graduated high school and learned a lot about horses. "I rode, drove carriage, circus training, explored different types of riding - all English based things - trail riding, riding on the beach. They have an

extensive system of parks you can ride with your horses. I rode at stables, did jumping and jockey training; for a while I thought I might be a jockey but I grew too fast."

"The Friesian I specifically met during a parade during Horse Days, Paarden (means horses) Dagen (days). Some held drums, others performed in the dressage test, a competition and exhibition for horses. The Dutch like their horses very much. They have the Dutch Warmbloods also. The Friesian is from Friesland in a northern province, it is their native horse and used in every-

thing from wars, during the Crusades, from farm animals that pulled plows and carts. They would run along the cobblestone streets and race them, and race at the canter. For a long time they weren't used at the canter gait at all, they were used for trotting. They are used in the carriage for trotting as they are more up than forward, with a very high knee action, very dramatic. They are beautiful! When they move they float, it is very spiritual to watch a Friesian do its natural thing. I told myself, 'I will have these one day.' It took me 20 years to realize my dream but that was my dream."



The 4-year-old mare Nienke PJ with Bonser's nephew, Chance.

A Quarter Horse was the first horse she owned - a gift from her biological dad. "I loved them, thought they were great, so when I went to start with Quarter Horses they were much more affordable and the first breeding mare I bought I still have; her name is Obsidian Star. She is listed on my web site and I have three generations out of her at the moment."

One of the horses in training now is a year-and-a-half Friesian Quarter Cross. "She is exactly what I planned for, she has the perfect QH

temperament; you can put your kids around them. You can't beat a Quarter Horse for that. Then you have the Friesian traits: very flashy, black swans or pearls, they have the long flighty mane, very regal auras, very majestic and a lot of movement, very graceful and the difference between someone who does rapp or ballet. For me, you add a solid foundation of the Quarter Horse and amp it up."

She was living in Tennessee and made the decision to move to south central Montana and start her farm. "I had always wanted to live out west and my dad was very ill; his doctors said the

west would be a better climate."

"My dream was to have a horse farm and it was a dream from the beginning. It's not my life's work: I'm a free lance writer, I take care of my dad, I am an artist, I have a business in New York that I run. I have a lot of different things I do but my farm is my life every day and it is my way of life. The farm is not a farm for an IRS thing; the farm is a way of life and if you understand that then you know why I do this."

"When I look at horses and buy them, they are very honest creatures, and when you look in the eye you can see what they've been through. The Friesian eye is very revealing. They want to be loved. They want to be near you, with you, involved with you, sharing with you. It is part of their nature and what they were bred for. They are a very old horse, one of the very oldest horses on the planet; a dynamic creature. In the 1800s we almost lost the breed altogether due to cross breed-

ing. The reality is that it is too limited for the world. There are too many people and things. I have Dutch mares because I lived in Holland and the Dutch Registry has the highest standard of any registration on the face of the earth. They only register the best horses; confirmation is 40 percent and movement is 60 percent - I will not cross breed with any other registry.

I asked her if she has tip to share with other people wanting to start their own business. She thinks her philosophy is uncomplicated: "I believe in the golden rule. It simplifies your life; it is so simple. That in itself provides for all the other rules you

need to live by." She adds to that the Serenity Prayer: God grant me the serenity to accept the things I cannot change, change the things I can, and wisdom to know the difference.

"So many people use that in AA and drug addicts and people who have big problems," Bonser says, "but for the rest of us it still helps you deal with people, things, and your own stuff against yourself. Those two things will get you through almost anything if you can stick with them. For me, believing in them has allowed me to achieve my goals and live my dream every day of my life. It's not perfect, but it's my dream."

"I don't have any regrets because I didn't let anything get in my way as I kept my focus and worked very hard and achieved everything I set out to do. I am very grateful that I don't have any regrets. I will be 40 in July. I am very driven; if I

have a fault it's that I don't know how to slow down, I work, and work and it's what I like. My friend and I hosted my 2nd Friesian Fun Day; we show people the Friesian horse. We sell tack and DVDs, talk about horses, Friesians in particular, and let people meet and ride Friesians. Their movement is different from Quarter Horses; they are very forward, it is a different feeling from any horse you've ridden. People can relate it to a rocking horse or a carousel horse," said Bonser.

"The current economy hasn't presented any special challenges because I still do as I do; the money isn't the primary objective. It is the love and care of

ask them to go to work and ride them until they are 4. I do that with the sport horse crosses, as well. Each one is different, just like children. I pay attention to each particular horse and treat as they mature. It's very fulfilling, you don't make as much money but you don't do harm to your fellow creatures."

Bonser explains why she chooses organic feeds, herbs and reiki: "If you go back into history, where horses, even domesticated, lived in towns and were not fenced and grazed free. They ate a better variety of feed on their own, they knew what to eat when they had a tummy issue or when they

were cold. Modern horses are not given an opportunity to know about themselves. I want my horses to think. The initial thing is for them to be truly what they are. I am all about balance and harmony about the creatures and myself.

The use of herbs helps to bring them in better balance. The body knows. I have a beautiful pasture, tilled up and planted new seed like sweet woodruff, wormwood, (eaten to keep internal parasites down) it's a natural growing thing in most of the world. So I try to go backwards - we can't forget the things from our past - we need to learn how to utilize both. I grow herbs in my pasture so horses have access to both. I grow herbs that I will add to feeds. Nettle is a blood purifier and builder. If a horse does not feel like it needs it they won't eat it. There are some environmental



Three of Bonser's mares, kissing.

these wonderful creatures we have in our life. The money has to be considered, I don't breed a lot of horses, never more than three in a year because I wouldn't be able to give the amount of attention to more than that each year." Wind Dancer Ranch provides dressage and beginning rider lessons, AI breeding, and foals are sold. "I own all the mares and babies are raised on my farm with my methods." That includes organic feeds, herbs and Reiki.

"I wait until my horses are 3-4 before I do any real riding on them. You can sit on them but I don't



# 2010 Stallions Available

## at the Brady Equestrian Center LLC

Welcoming 2010 foals out of our mares by Deputy Minister, Storm Bird, Louisiana Slew, Honour and Glory, Robin des Pins, and others!



### Musical Chairs

1998 KY bred Thoroughbred  
by the great Woodman out of Darling Dame,  
SW daughter of leading international sire Lyphard  
• Half-brother to 2009 juvenile SW Majestic Vintage  
• Family of champions Dancing Brave and Jolypha  
• 2008 Leading Freshman Sire - Minnesota breds  
"This is the best bred stallion standing in Minnesota." -  
Keith Nations, trainer at Emerald Downs  
Stud fee: \$1000 payable when  
Live Foal Stands & Nurses

Welcoming 2010 foals out of our mares by Poco Bueno, Page Boy, Vandy, and others!



### Pocos Gold Doc

1998 AQHA Stallion by Oro Rey Gold King  
by King Frieda. 87 percent Foundation bred  
(Wimpy, Leo, Three Bars, Poco Bueno)  
dark gold Palomino Stud. As of 2009 he has  
thrown 80 percent palomino babies.  
Stud fee \$500.  
Owned by Karen Oren: call 218-790-1790  
for more information

Welcoming 2010 foals out of our mares by D-Day, Master, Babar, Galapard, and others!



### Bayron 885

1990 imported Swedish Warmblood by Bernstein - Utrillo  
- Gaspari • Premium A rating • In top 10 of BLUP for  
producing Dressage talent (out of over 37,000 European  
stallions) • Competed through PSG & I-1 in Sweden  
• Schooled through Gran Prix by Susanne Gielen of Flyinge

"How did you get Sweden to let that horse go?"  
-Ulf Wadeborn, international competitor, 'R' judge,  
formerly of the Stromsholm Riding Academy, Sweden  
Stud fee: \$1000 payable when Live Foal Stands & Nurses

WE HAVE UPPER LEVEL DRESSAGE SCHOOLMASTERS AVAILABLE FOR LESSONS, LEASE, SHOWS, & CLINICS.



**Vero:** Swedish Warmblood gelding  
by Livius; age 19; 16.2 hands; 4th  
level USDF horse of the year; the  
sensitive and advanced rider will  
thoroughly enjoy this horse!  
Ridden by Kristina Gillespie



"This is one of the best  
farms I've visited in the  
State of Minnesota." -

David Miller,  
Star of the North  
Bloodstock agent

#### BEC Coupon

Buy one lesson get  
one lesson free or  
20% off any breed-  
ing services. Limit  
one coupon per  
customer. Good  
through 07/31/10.



"Margo and her  
dressage horses  
helped ignite my  
interest in classical  
dressage."

Brooke Leininger  
HeadCoach Equestrian Team  
Teaching Specialist Equine  
Science  
University of Minnesota -  
Crookston



**Tucker:** Swedish Warmblood  
gelding by Galapard; age 13; 17.2  
hands; schooled through 4th level  
and PSG; both the beginner and  
advanced rider will appreciate this  
horse! Ridden by Stephanie Swiers

Lessons: \$45 adults  
\$35 children  
\$25 group



60' X 200' INDOOR ARENA, STALLION COLLECTION FACILITY FOR FRESH CHILLED AND  
FROZEN SHIPPED SEMEN; AI; ULTRASOUND; FOALING CENTER, DOWNER, MINN.

Contact: Margo Brady • 218-789-7704 • [mturkish@msn.com](mailto:mturkish@msn.com)